



Newsletter of the Wilderness Training Committee

Newsletter

Roughing It

www.WildernessTravelCourse.org
Vol 21, No. 4 / Fall 2010

WTC Newsletter

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See page 8 for contact info

WTC

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The WTC newsletter is published quarterly for students and staff of the Wilderness Training Committee and is distributed at class sites. It is also available in color on the WTC website: <http://www.wildernesstravelcourse.org/> as a download in PDF format. All questions, copy and photo submissions should be directed to Kay Novotny, WTC Newsletter Editor, at knovotny27@gmail.com or (562) 860 - 4078.

WTC Info Line: (310) 967 - 2029

Yucca plant in Joshua Tree NP

Time to Graduate!!

Patch, patch, who has earned their patch? Below is the schedule for WTC graduations for 2010. Every student who has completed the graduation requirements and has mailed their completed student card to their area registrar will receive the coveted WTC patch at the graduation ceremony for their group. Even if you have not completed your requirements for graduation, please come to the graduation celebration to enjoy yourself and cheer for your classmates! All students are welcome. If you are looking for that last elusive experience trip, please see pages 4 through 6 of this newsletter for final experience trip opportunities.

Graduation Schedule

All Area Graduations will be held October 16 and 17. A fun weekend car camp, with ceremony on Saturday early evening.

LOCATION: You will receive details soon from your group leader, area chair or area registrar.

EVENTS: Some hikes or activities will be strictly PRIVATE, NON-SIERRA CLUB. Others will be SIERRA CLUB outings or hikes, such as a navigation noodle on Sunday. A leader will advise you what type of event it is. Please check the "outings" section of the newsletter to find a listing of the Sierra Club activities.

Trips Liability Notice

Liability Waiver Notice: To participate in a Sierra Club outing, you will need to sign a liability waiver. To see a copy of this waiver prior to attending the outing, please see www.sierraclub.org/outings/chapter/forms, or contact the outings department at (415) 977-5528 for a printed version.

Transportation Notice: In the interests of facilitating the logistics of some outings, it is customary that the participants make voluntary carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ridesharing or any similar arrangement is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

California Sellers of Travel Disclaimer: CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Headline Deadline

For publication in the Winter 2010 WTC Newsletter: Nov 15

For publication in the Spring 2010 WTC Newsletter: Feb 15

These are the last days for trips to be submitted to the WTC Outings Chair. Provisional trips and leaders should already have an LTC review. Restricted trips should prepare a Mountaineering Application.

For publication in the 316 Angeles Chapter Schedule (Mar 1 - Jun 30): Nov 9

For publication in the 317 Angeles Chapter Schedule (Jul 1 - Oct 31): Nov 9

These are the last days for trips to be submitted to the WTC Outings Chair. Provisional trips and leaders should already have an LTC review. Restricted trips should prepare a Mountaineering Application.

On The Cover

Kay Fransson serves up delectable salmon appetizers for Ron Campbell's annual Gourmet Backpack. Georgette Rieck and Lisa Buckley were co-leaders. Story on Page 3.

High Cuisine in the High Sierra

by Ron Campbell

The prevailing ethos in mountaineering is to travel light, minimizing gear so you can hike far. But a hardy band of rebels insists there is a better way. We do not travel with the comforts of home. No, we travel with the comforts of a well-stocked palace.

Ah, decadence.

On Saturday, Aug. 7, nine of us set out from Saddlebag Lake for Decadent Wilderness Weekend VIII, the Gourmet Backpack. We trudged three miles through the howling wilderness to a campsite overlooking Greenstone Lake. North Peak dominates the skyline from Greenstone. It was the trip's secondary objective, second only to eating amazingly well. I had scheduled the peak climb for Sunday but moved it up to Saturday after reading weather forecasts warning of thunderstorms Saturday afternoon and Sunday morning. I figured with a little speed we could summit and be in our tents before the Saturday storm hit. I was half-right.

This being the Gourmet Backpack, the climb got off to a leisurely start at 11:30 a.m. I made a beeline for the east ridge on route to the class 3 Southeast Face. This was a mistake. My route took us across three or four boulder-filled gullies and then through an obstacle course of talus and brush. I could have saved a half-hour by taking a trail around the east ridge, then climbing the slabs on its north side. By 12:30 p.m., thunderheads were building. By 1:15 p.m., when we were directly below the cliff that marks the East Face, we could feel the air changing. We retreated to camp.

In a break with custom, we enjoyed early pre-appetizers. Kay Fransson whipped up an appetizer of baby red potatoes, topped with cream cheese, salmon and fresh dill. Tonyce Bates produced two beverages: a wonderfully refreshing watermelon limeade and a sweet cantaloupe-wine smoothie. We had only a half-hour to enjoy these pleasures before the storm hit. We spent the next 90 minutes in our tents, waiting out hail, rain and thunder. As the sky cleared we began preparations for an epicurean night. Co-leader Lisa Buckley spread a linen tablecloth on the ground, adding linen napkins, plastic plates that looked like fine china and plastic knives and forks that looked like aluminum flatware. I added the customary brass candlesticks and candles and carefully placed the customary four inflatable pink flamingoes at each corner. The table was set.

First came an abundance of appetizers. Co-leader Georgette Rieck made mushroom quesadillas with herbs and four kinds of cheese. Pamela Rowe offered cucumbers, marinated in organic cider vinegar with mint and dill. Tonyce, aided by her able assistant and husband Phil, outdid herself with roasted red pepper soup and two baguette appetizers: one with lavender goat cheese and raspberry chutney, the other with lavender goat cheese, smoked salmon, capers and dill. And Lisa prepared escargot in classic style, sautéing the monopods in garlic and butter, then stuffing them in shells that she somehow brought to camp intact. Georgette's entrée was crab cakes with a spicy remoulade. Lisa borrowed from classic Swiss Alps cuisine, presenting a raclette of potatoes with cheese, pickles and baby corn. And I managed to bring together all three Official Ingredients of Decadent Wilderness Weekend VIII – garlic, butter and crab – with clams, milk, sherry and parsley, served on a bed of couscous. We washed this all down with three different varieties of red wine, tastefully repackaged in Nalgene and Platypus bottles. For dessert, Tonyce made a chocolate layer cake with a very rich chocolate frosting. Lisa made raspberry tartlettes, highlighted with a dash of the raspberry liqueur, Chambord. Afterward came one of those perfect Sierra evenings as a vivid red sunset gave way to stars. In the night several claimed to hear a meteor breaking up overhead.

In the morning Gwen Sharp served her banana bread, made from six bananas picked from Virgil Talbott's garden. I made Hangtown Fry, a rich concoction of bacon, oysters and eggs that has become a Gourmet Backpack staple. And Lisa made some incredible macadamia pancakes topped with coconut syrup. At Gwen's urging, we returned via the east shore of Saddlebag Lake, a longer and far more scenic route than the west shore trail we had taken in. She guided us to an indescribable riot of wildflowers beside a small stream. We spent a half-hour luxuriating in the colors before finally, reluctantly going to our cars. By this time it had been three interminable hours since we had eaten great food. There was only one thing to do. Last stop: the famous Mobil Station in Lee Vining. The lobster taquitos were wonderful, thank you.



Outings

To reserve your place on an outing, follow the instructions listed in the trip description and provide all the information requested by the leader. If a SASE (self-addressed, stamped envelope) is requested, send a 9.5 x 4 inch envelope along with your information. Typically requested information includes name, address, home & work phone numbers, WTC leader's name, the name and date of the outing you wish to join, and your experience and physical conditioning. You may be placed on a waiting list if the number of persons interested in the trip is large. If you change your plans, it is very important that you contact the leaders to let them know your revised plans, even if you are on the waiting list.

Please see the Outings Leader Directory on page 8 for contact information.



Trips which qualify as WTC experience trips are identified by a backpack logo.



Training opportunities are identified by a book. WTC students should find many of these trips within their abilities. Snow travel training will require prior experience.



Outings of interest will be identified by binoculars. These do not qualify as WTC experience trips, but they are very interesting.



Last, but not least, the gnarly trips are identified by an ice-axe and crampons. These are technically challenging trips - typically not suited to WTC students. Strong WTC students with prior mountaineering experience may qualify.

September

Sep 11-13/Sat-Mon



WTC, Sierra Peaks

I/Mt. Morgan (N) (13,002')

Saturday backpack 5 mi and 800' elevation gain/loss on trail from Rock Creek to camp at Davis Lake and then relax, swim, fish or explore nearby waterfalls and Hilton Lakes. Sunday climb Mt Morgan (N) 3 mi rt and 3,000' of elevation gain, returning on fun sandy slope (mostly). Monday backpack out. Send email with recent experience and conditioning to leader. \$20 deposit to hold your place (payable to WTC), to be refunded when trip begins, plus \$5 permit fee due at trailhead. Ldr: Charles Irving, Asst Ldrs: Daniel Kinzek and Jane Simpson

Sep 17/Fri



WTC, DPS

I/White Mountain Peak (14,256')

Join us on this hike to the third highest peak in California and highest desert peak in the United States. We will start at the locked gate to the Barcroft Station and our hike will entail 15 mi rt, 2,600' elevation gain. Reaching the trailhead requires a long dirt road drive through the Ancient Bristlecone Pine Forest. If time permits, we may climb Mount Barcroft (13,040') on the way back to the trailhead. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers. Co-Ldr: Regge Bulman.

Sep 17-19/Fri-Sun



WTC

I/Twin Lakes-Silliman NavPack Sequoia NP

Improve your navigation skills, get a peak and get happy on a moderately paced 6.5 mi, 2600' gain backpack to beautiful Twin Lakes. Sat xc explore both sides of Silliman Crest, and climb a no-name peak, 1400' net gain via 7 mi loop. Return to camp for shared treats and gourmet quesadillas. Sun head home. Comfort on class 2 climbing required. No tigers please. Send check for \$7 permit fee (payable to WTC), 1 sase (or email), contact & rideshare info, recent backpacking & conditioning experience to Ldr: Jane Simpson. Co-Ldr: Adrienne Benedict

Sep 17 - 19/Fri-Sun



WTC, SPS, Long Beach

I/Red Slate Mountain (13,123')

Enjoy a late summer weekend in this colorful, high-elevation setting. Friday morning hike 7.5 miles 2500' gain up McGee Creek through aspens, pines and meadows to the beautiful red rock mountains of upper McGee Creek Canyon. We'll camp alongside Big McGee Lake at 10,500' elevation. Sat. morning hike to McGee Pass, climb Red Slate Mountain (Class 2, approx. 2700' gain, 6 miles roundtrip), and return to camp for happy hour. Sunday morning hike out. Total mileage approx. 25 miles roundtrip, 5200' gain, moderate pace. \$5 permit fee collected at trailhead. E-mail both leaders with experience and conditioning. Ldrs: Sharon Moore and Pat Arredondo

September, continued

Sep 18-19/Sat-Sun



WTC

I/Split Mtn (14,042')

Climb California's 10th highest peak in the Palisades region of the Sierras. Lots of elevation gain but the views are worth it. Sat backpack to Red Lake (5 mi, 4000' gain). Sun climb Split (2 mi, 3500' gain, class 2), and pack out. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers. Co-Ldr: Regge Bulman

Sep 17-19/Fri-Sun



Sierra Peaks, WTC

I/Laurel (11,812'), Bloody (12,552')

Join us for a moderate jaunt up two peaks via the scenic Convict Canyon. Friday hike in (7mi, 3300' gain) to set up camp near Lake Genevieve then Saturday climb Laurel & Bloody (8.6 mi, 4700') before returning to camp for the traditional happy hour and pack out the next morning. Bring a fishing pole to take advantage of evening fishing opportunities. Send recent experience, conditioning, and carpool info to Ldr: Matthew Hengst, Co-Ldr: Jack Kieffer

Sep 18/ Sat



Leadership Training Committee

Deadline for Leadership Training Seminar: Last day for receipt of application and payment by LTC to register for October 2, 2010 seminar. Next seminar will be given in the Spring of 2011.

Sep 18-19/Sat-Sun



WTC, Desert Peaks Section

I/Glass Mountain Ridge (11,140')

This outstanding DPS peak dominates the Upper Owens River Basin. This highpoint of the Benton Range is considered a volcanic peak and has outstanding views of the Sierras, Mono Lake, and the White Mountains. This is an easy paced WTC experience trip with plenty of time to explore and practice navigation. 6 mi. rt, 1900' of gain (less than 200' gain to camp). Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers, Co-Ldr: Regge Bulman.

Sep 19/Sun



WTC, 20-30's singles, LB Group, PVSB

O/WTC Introductory Hike; Echo Mtn, Inspiration Point and Muir Peak (4688')

Hike the Sam Merrill trail to the historic railway and resort area at Echo Mtn, then up Castle Canyon to Inspiration Point and on to Muir Peak. We will return by the Middle Merrill trail. Trip is a total of 12 miles with 2900 ft of gain. Leaders will provide an overview of the Wilderness Travel Course (WTC), which begins January 2011. Subjects include safe mountain travel, map & compass and wilderness first aid. Meet 9:00 am at the North end of Lake Street at the corner of Lake and Loma Alta Street in Alta Dena by the "Gate". This is a residential neighborhood so be mindful of parking regulations and residents' quiet enjoyment of their neighborhood. Bring 2-3 liters of water, lunch, lugsoles, hat and layered clothing. Ldr: David Meltzer, Co-Ldr: Gary Nowotny

September, continued

Sep 24-26/Fri-Sun



Wilderness Adventures, WTC
I/Florence Pk (12,432'), Rainbow Mtn (12,043'), Tulare Pk (11,654'

Moderately strenuous 14 mi rt backpack in Mineral King area of Sequoia NP with climb of one of the more famous peaks (and two lesser known peaks) in the Franklin Pass area of the park. Fri backpack 7 mi, 3200' gain from end of road in Mineral King up moderately steep trail to almost 10,600' near Franklin Lakes and set up camp. If time and strength of group permits, climb of Rainbow Peak after camp is set up. Sat xc, talus and scree climb of Florence Peak and Tulare Peak. Sun pack out and drive home. WTC grads welcome. Not suitable for beginners. Send email or 2 sase, phones, recent backpacking experience/conditioning, \$5 permit fee (Wilderness Adventures) to Ldr: David Coplen, Co-Ldr: Mark Mitchell

Sep 24-26 Fri-Sun



20's/30's

I/Big Bear Cabin Adventure, Cross Country Treasure Hunt, & Sugarloaf Mtn. (9952')

Leader has rented a 3 bedroom, 2 bath Big Bear cabin with full kitchen & hot tub that backs to the national forest next to Snow Summit Ski Area. Bring food, drinks to share for a Friday night poolside BBQ at 7pm. Well eat out on Saturday night after a 3-4 hour (4-5 mile) treasure hunt using a map and compass in rugged terrain beginning at 4pm. You'll work as a team to locate a hidden treasure using a map and compass. Sun. 10am Climb Sugarloaf Mountain (9952), 7 miles, 1600' gain. Cost: \$50 for cabin stay, including basic breakfast & lunch supplies. Meeting location sent to participants before trip. For details, email Ldr: Mountain Dave Kuhn, Asst. Ldr: Gary Novotny

Sep 25-26/Sat-Sun



WTC

I/Silver Peak, (11,878')

Experience trip for leaders and WTC students. Sat backpack from Lake Thomas Edison to camp at the Devil's Bathtub, 5 mi, 1600'. Climb Silver Peak, 9 mi rt, 2700'. Sunday pack out. Send 2 sase or 1 SASE and e-mail, \$5 permit fee, recent experience and conditioning, H&W phones, and redishare info to Ldr: Neal Robbins. Co-Ldr: Mike Dillenback

Sep 26/Sun



LTC, WTC, Hundred Peaks, Desert Pks, Sierra Pks
I/Grinnell Ridge Navigation

Navigation Noodle in San Bernardino National Forest for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, redishare, to Ldr: Robert Myers. Asst: Harry Freimanis

Sep 29/Wed



LTC, SPS, DPS, WTC

O/Workshop: Advanced Mountaineering Program (AMP2) – Basic Safety System

First of 4 climbing workshops open to SC members with prior roped climbing experience. Today's indoor evening workshop of 4 hours reviewing ropes, knots, harnesses, helmets, and basic climbing gear will take place in Pasadena. Based on Ch. 9 of Mountaineering: Freedom of the Hills, 7th ed. As space is limited priority will be given to participants who commit to all four workshops. Send sase or e-mail with SC#, resume, phones to Ldr: Dan Richter (dan@danrichter.com). Asst: Pat McKusky

October

Oct 2/Sat



LTC, SPS, DPS, WTC

M/E R/Advanced Mountaineering Program (AMP2) – Belaying

2nd of 4 climbing workshops open to SC members with prior roped climbing experience. Today at Stoney Point in Chatsworth, focus is on belaying and principles of anchor building. Based on Ch. 10 of Mountaineering: Freedom of the Hills, 7th ed. As space is limited priority will be given to participants who commit to all four workshops. Send sase or e-mail with SC#, resume, phones to Ldr: Dan Richter (dan@danrichter.com). Asst: Pat McKusky

Oct 2-3/Sat-Sun



WTC

I/Quail Mountain (5813')

Need a last minute trip to graduate? Join us on this easy paced but moderately strenuous 14 mi. rt 1800' gain backpack. Participants will enjoy spectacular desert scenery and views from summit peak. Saturday easy paced 4 miles to camp, set up, then 5 miles round trip to Quail and back to camp for happy hour. We will encounter some rough, rocky sections on Quail. Great opportunity to practice your navigation skills. Send esase or sase, contact info and recent conditioning to Ldr: Monica Suua, Asst: Sarah Myers Rebensdorf

Oct 9/Sat



LTC, SPS, DPS, WTC

M/E R/Advanced Mountaineering Program (AMP2) – Rappelling

3rd of 4 climbing workshops open to SC members with prior roped climbing experience. Today at Stoney Point in Chatsworth, focus is on rappelling. Based on Ch. 11 of Mountaineering: Freedom of the Hills, 7th ed. As space is limited priority will be given to participants who commit to all four workshops. Send sase or e-mail with SC#, resume, phones to Ldr: Dan Richter (dan@danrichter.com). Asst: Pat McKusky

Oct 9/Sat



LTC, WTC, HPS

I/Beginning Navigation Clinic

Spend the day one-on-one with an instructor, learning/practicing map and compass in our local mountains. Beginners to rusty old-timers welcome, and practice is available at all skill levels. Not a checkout, but it will help you prepare. Many expert leaders will attend; many I-rated leaders started here in the past. 4 mi, 500' gain. Send sase, phones, \$25 deposit (payable to Sierra Club, refunded at trailhead) to Ldr: Diane Dunbar, Co-Ldr: Richard Boardman

Oct 9-10/Sat-Sun



WTC

I/"Really Last Chance" Graduation Trip

Easy paced backpacking trip. We will take exploratory cross-country routes in the Queen Valley area, taking in a peak along the way. Learn about the Wilderness Travel Course or satisfy WTC requirements on this "really last chance" graduation trip. 9 mi rt, 1000' gain. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers. Co-Ldr: Chi Choi.

Oct 10/Sun



WTC, 20's/30's. LB, PVSB

O/WTC Introductory Hike; Mt. Wilson / Manzanita Ridge

Invigorating conditioning hike at a moderate pace. 10-mile r/t, 4000' gain. Leaders will provide an overview of the Wilderness Travel Course (WTC), which begins January '11. Subjects include safe mountain travel, map & compass and wilderness first aid. This is a residential neighborhood so be mindful of parking regulations and residents' quiet enjoyment of their neighborhood. Meet 9 am at trailhead. Mira Monte Ave and Mt Wilson Trail Dr. Take I-210 to Baldwin Ave exit, take Baldwin N to Mira Monte, Right to trailhead. Bring hiking boots, 3 ltrs water, snacks to share. Ldr: David Meltzer, Co-Ldr: Gary Novotny

WTC Newsletter

October, continued

Oct 10/Sun Desert Peaks Section, WTC I/Porter Peak (9,101') and Sentinel Peak (9,634')

Meet Saturday late afternoon in Ballarat to consolidate in 4WD vehicles for drive up Pleasant Valley Canyon to camp near base of Porter. Early Sunday climb Porter, continue following ridge to Sentinel, and then retrace route back to camp for drive home, 11 miles, 5500' gain round trip. Be prepared for a rather long day and lots of gain. Send e-mail (preferred) or sase with contact information and recent conditioning to Ldr: Daryn Dodge, Co-Ldr: Kathy Rich.

Oct 16-17/Sat – Sun LTC, SPS, DPS, WTC M/E R/Advanced Mountaineering Program (AMP2) – Rock Climbing Techniques and Anchors

4th of 4 climbing workshops open to SC members with prior roped climbing experience. This weekend completes the series of AMP workshops at Joshua Tree National Park and focuses on climbing and anchors. Based on Chaps. 12 & 13 of Mountaineering: Freedom of the Hills, 7th ed. As space is limited priority will be given to participants who commit to all four workshops. Send sase or e-mail with SC#, resume, phones to Ldr: Dan Richter (dan@danrichter.com). Asst: Pat McKusky

Oct 17/Sun LTC, WTC, HPS, DPS, SPS I/Indian Cove Navigation

Navigation noodle to satisfy the Basic (I/M) level navigation requirements. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers Co-Ldr: Phil Wheeler

Oct 22-23/Fri-Sat Hundred Peaks, Palos Verdes – South Bay, WTC O/Palm Springs Tram (8450'), San Jacinto Peak (10804')

Extremely strenuous hike under a full moon, starting near midnight, 10 mi, 8300' gain to tram with additional 10 mi rt, 2400' gain to the peak. We'll have two groups, hopefully both SJ bound, one faster, the other naturalizing along the way. Of course, any who wish can head back down at the tram after a mere 8300' gain. Not for beginners. Bring money for tram ride and taxi back to cars. Send email (preferable – bholchin@cox.net) or sase with cond/exper and carpool info to Ldr: Barry Holchin. Co-Ldrs: Wayne Vollaire, Tony Trull, Kent Schwitkis, Joe Young, Ron Campbell

Oct 29-31/Fri-Sun LTC, Harwood Lodge, WTC C: Wilderness First Aid Course

Runs from 8 am Fri to 5.30 pm Sun. Fee includes lodging, meals and practice first aid kit. Proof of CPR within previous 4 years required to enroll. Fee \$205 with SC#/\$215 non-member (full refund through Sept 24). For application send e-mail to Ldr: Steve Schuster

Oct 30-31/Sat-Sun WTC, OC Sierra Singles I/Eagle Mt # 1 (5320)

Join us for a Halloween adventure with an 11 mile roundtrip, 2400' gain backpack trip in the remote Eagle Wilderness within the Colorado Desert in Riverside County. We will start Saturday morning with full packs at Cottonwood Springs and visit historic Mastodon Mine before traveling XC to our dry campsite at the base of the Eagle Mts; 3.5 mi, 700' gain to camp. After setting up camp, we will continue our adventure with daypacks XC 2 mi, 1700' gain to summit the highest peak in the Eagle Mts. before returning to camp and dinner under the desert stars. Don't forget to bring your favorite mask for a group photo at the peak and your favorite Halloween desert for Saturday night. With a leisurely wake-up call on Sunday morning, we will pack it up and backpack out to the cars. Costumes are welcome, but not required. Send resume, experience and WTC leader name/group to Ldr: Joe Harvey. Asst: Melissa Kane.

November

Nov 7/Sun **NEW!** WTC O/Introducing WTC- Hike to Henninger Flats

Fun, moderately paced 6 miles round trip, 1400 ft gain hike on a fire road- the historic Mt Wilson Toll Road, with outstanding views of LA basin to a local gem of a destination, with a nature center/museum, picnic tables, water, restrooms and an experimental nursery! Leaders will provide an overview of the Wilderness Travel Course (WTC), which begins January 2011. Meet 9 AM at the gate at Pinecrest (exit 210 Fwy at Altadena Dr, N 2½ mi to Crescent Dr, R to Pinecrest, observe parking restrictions) with 2 qts water, snacks to share, hat, a jacket and comfortable shoes to hike. WTC alums, friends especially welcome. Rain/landslides cancel. More info? contact gnsridhar@hotmail.com. Ldrs: Sridhar Gullapalli, Steve Berson, Peter Ireland.

Nov 13/SAT **NEW!** LTC, WTC MR/Navigation Workshop on 3rd Class Terrain

This navigation workshop is limited to individuals participating in the Indian Cove Navigation Noodle and is intended to explore special navigation issues that arise on 3rd class terrain. Class 3 rock travel experience required. Restricted to Sierra Club members. Helmets and medical forms required/group size limited. Send email/sase, SC#, class 3 experience, conditioning, contact info to Leader: Robert Myers Co-Leader: Jack Kieffer

Nov 13-14/Sat-Sun LTC, WTC, HPS, DPS, SPS I/Indian Cove Navigation

Navigation noodle to satisfy the Basic (I/M) level navigation requirements. Sat for practice, skills refresher, altimeter, homework, campfire. Sun checkout. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers Co-Ldr: Phil Wheeler

Nov 13-14/Sat-Sun Palos Verdes - South Bay, Hundred Peaks, WTC I/Wright (8508'), Pine (9648'), Dawson 9575'), Gobbler's Knob (6955') and Deep Creek Hot Springs (5' deep)

Help us celebrate the 20th year of our semi-annual Deep Creek HS hike/soak/swim with some more peaks and a Sat. night car camp. Moderately paced 6 mi, 2800' gain to hike the first 3 peaks on Sat., then potluck and camp at Guffey Campground. Sunday early start to hike Gobbler's Knob, then drive to DCHS Trailhead and hike along Deep Creek to the hot springs (12 mi, 3500' gain). Adventure Pass req'd. Bring lunch, water, rain gear, lugs, carcamp items (swim suit optional). No beginners. Plan on spending full day Sunday - it's near Hesperia. Rain cancels. Send email (preferable – bholchin@cox.net) or sase, along with carpool info, cond/exper to Ldr: Barry Holchin. Co-Ldr: Wayne Vollaire

Nov 13-14 **NEW!** Sat-Sun WTC I/San Jacinto (10,804'), Newton Drury Pk (10,160'), Marion Mtn (10,362'), Jean Pk (10,670')

Approx. 18 mi rt. On Sat morn, we will meet to ride the world famous Palm Springs Aerial Tram (fee), and hike the trail to the top of San Jacinto Peak, before settling in at Little Round Valley Campground. The next day, we will take cross country routes, and along with some rock scrambling, summit the other three peaks. Back down on the tram. Send email with contact info to Leader: Wende Sherman Berke. Asst: Adrienne Benedict

November/December

Nov 14/Sun **NEW!**  **WTC, 20's/30's. LB, PVSBO/WTC Introductory Hike, Echo Mtn, Inspiration Point and Muir Peak (4688')**

Hike the Sam Merrill trail to the historic railway and resort area at Echo Mtn, then up Castle Canyon to Inspiration Point and on to Muir Peak. We will return by the Middle Merrill trail. Trip is a total of 12 miles with 2900 ft of gain. Leaders will provide an overview of the Wilderness Travel Course (WTC), which begins January 2011. Subjects include safe mountain travel, map & compass and wilderness first aid. Meet 9:00 am at the North end of Lake Street at the corner of Lake and Loma Alta Street in Alta Dena by the "Gate". This is a residential neighborhood so be mindful of parking regulations and resident's quiet enjoyment of their neighborhood. Bring 2-3 liters of water, lunch, lugsoles, hat and layered clothing. Ldr: David Meltzer, Co-Ldr: Gary Novotny

Nov 21/Sun **NEW!**  **LTC, SPS, DPS, WTC E/M/Stoney Point Rock Workshop / Checkoff**

This intermediate and advanced workshop is based on the rock requirements for M and E leadership. Checkoffs for M and E rock must be prearranged. It is a restricted trip; to participate you must be a member of the Sierra Club and have suitable rock climbing experience. Helmet and climbing gear required. Contact leader with phones, climbing resume, completed medical form (2 copies – include Sierra Club # on form), address to Ldr: Ron Hudson. Co-Ldr: Greg Mason

Dec 4/Sat **NEW!**  **Long Beach, WTC, Natural Science I/Nob Peak (4455') Exploratory and WTC Introductory Hike**

Visit Whitewater Preserve, hike part of the PCT, and possibly tag a peak with views of the Whitewater River, the San Geronio Wilderness, and if we are lucky, bighorn sheep. Leaders will provide an overview of the Wilderness Travel Course (WTC), which begins January 2011. 8 miles rt, 2200' gain on trail and XC. Meet 6am at Long Beach Rideshare or 8am at Whitewater Preserve parking lot. Rain cancels. Email leader Sharon Moore for details. Ldrs: Sharon Moore, Sherry Ross

Dec 4/Sat **NEW!**  **WTC O/Temescal Pk (2126')**

Learn about the Wilderness Travel Course on this hike to the highest peak in Topanga State Park with spectacular views along the way. Info will be provided on the ten essentials of safe mountain travel. 8 mi rt, 1100' gain on fire road and trail. Meet 9:00 a.m. at Trailer Canyon Trailhead: Approx. .5 miles from PCH on Sunset, turn on Palisades Dr. Go to Ver de la Montura. Turn left then a quick right on Michael Lane. Go about .15 mi. to 1800 Block. Park on trailhead side. Ldrs: Robert Myers, Jane Simpson.

Dec 5/Sun **NEW!**  **WTC I/Scodie Mountain (7294')**

Easy paced day hike in the Southern Sierra's Kiavah Wilderness. From Walker Campground, 7 miles with 2300 ft gain, mostly cross country. Send esase/sase (email preferred), recent conditioning, H/W phones to: Ldr: Nick Hooper. Asst: Jane Simpson

Dec 5/Sun  **WTC, 20's/30's. LB, PVSBO/WTC Introductory Hike, Mt. Wilson / Manzanita Ridge**

Invigorating conditioning hike at a moderate pace. 10-mile r/t, 4000' gain. Leaders will provide an overview of the Wilderness Travel Course (WTC), which begins January 2011. Subjects include safe mountain travel, map & compass and wilderness first aid. This is a residential neighborhood so be mindful of parking regulations and resident's quiet enjoyment of their neighborhood. Meet 9 am at trailhead. Mira Monte Ave and Mt Wilson Trail Dr. Take I-210 to Baldwin Ave exit, take Baldwin N to Mira Monte, Right to trailhead. Bring hiking boots, 3 ltrs water, snacks to share. Ldr: David Meltzer, Co-Ldr: Gary Novotny

December/January

Dec 11/Sat **NEW!**  **LTC, WTC, Hundred Peaks I/Beginning Navigation Clinic**

Spend the day one-on-one with an instructor, learning/practicing map and compass in our local mountains. Beginners to rusty old-timers welcome and practice is available at all skill levels. Not a checkout, but it will help you prepare. Many expert leaders will attend; many I-rated leaders started here in the past. 4 mi, 500' gain. Send sase, phones, \$25 deposit (Sierra Club, refunded at trailhead) to Ldr: Diane Dunbar. Co-Ldr: Richard Boardman

Dec 11/Sat **NEW!**  **WTC M/Leader Rock Workshop**

This staff development workshop is intended to prepare WTC staff to be effective instructors in WTC's rock scrambling instruction. This workshop is open to all staff members; new staff members are strongly encouraged to participate. Early sign-up recommended, since group size is limited. Climbing helmets required. To participate, send name, contact and rideshare info, WTC area/group, and Class 3 climbing experience to Ldr: Tom McDonnell. Asst: Robert Myers.

Dec 12/Sun **NEW!**  **LTC, WTC, HPS, DPS, SPS I/Warren Pt Navigation**

Navigation noodle at Joshua Tree National Park for either checkout or practice to satisfy the Basic (I/M) or Advanced (E) level navigation requirements. To participate, send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Asst: Phil Wheeler

Jan 1/Sat **100 Peaks Section, PVS, LB, Natural Sciences Section, WTC I/San Jacinto Pk (10,804'), Folly Pk (10,480'), Drury Pk (10,160'), Marion Mtn (10,320') via Snowshoe** **NEW!** 

Eleventh annual Jan 1 Snowshoe. Moderately paced, strenuous over varying terrain from the tram. We will attempt up to 4 peaks, resulting in 10 mi and 3500' gain. The leaders have made this San Jacinto pilgrimage for 10 years. The Ocean, Mt Charleston and the Channel Islands have often been visible. Take time to learn from our naturalist about the fauna and flora. Bring 10 essentials, lunch, and water. Esase (preferred) or sase with recent conditioning, phone & rideshare information to Leader. Ldrs: Kent Schwitkis, Naturalist: Sherry Ross

Jan 8/Sat **NEW!**  **LTC, WTC, HPS, DPS, SPS I/Warren Pt (5103')**

Practice navigation for Sundays checkoff on this 6 mile rt, 1300' gain hike in the pinyon pine and juniper region of western Joshua Tree National Park. We will take a cross-country route to Warren Pt and practice micro-navigation skills along the way. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers. Co-Ldrs: Adrienne Benedict, Ann Pedreschi Shields, Jane Simpson

Jan 9/Sun **NEW!**  **LTC, WTC, HPS, DPS, SPS I/Warren Pt Navigation**

Navigation noodle at Joshua Tree National Park for either checkout or practice to satisfy the Basic (I/M) or Advanced (E) level navigation requirements. To participate, send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Asst: Phil Wheeler

Outings Leader Directory

Unless indicated by a letter "c" (cell), "w" (work), the numbers listed are home phone numbers and should be respected as such. To reserve your place on an outing, contact the leader as specified in the trip description. Include an information sheet with the following information: your name, address, home & work phone numbers, your WTC leader's name, the outing you wish to join, your experience, your physical conditioning program and whether you need or can offer a ride.

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