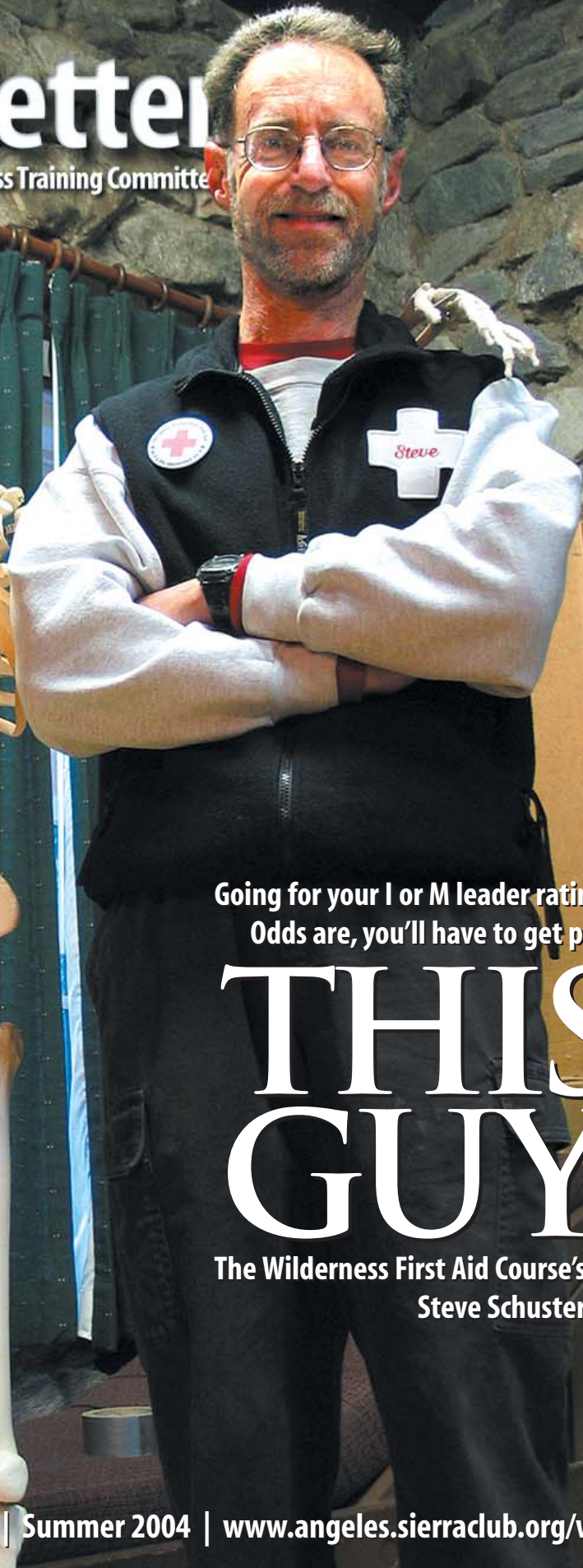




Newsletter

Newsletter of the Wilderness Training Committee



Going for your I or M leader rating?
Odds are, you'll have to get past

THIS GUY

The Wilderness First Aid Course's
Steve Schuster

WTC Officers

See pages 8-9 for contact info

WTC

Tom McDonnell
Chair & Outings

KC Reid
Registrar

Long Beach

Richard Boardman
Chair

Mike Adams
Outings

KC Reid
Registrar

Orange County

Tony Pond
Chair

Tom McDonnell
Outings

Ed Morente
Registrar

San Gabriel Valley

Patrick McKusky
Chair

Maria Roa
Outings

Ann Bittner
Registrar

West Los Angeles

Will McWhinney
Chair

Susan Richmond
Outings

Larry McKinley
Registrar

The WTC Newsletter is published quarterly for students and staff of the Wilderness Training Committee and delivered via U.S. Mail or distributed at class sites. It's also available in color the WTC website: www.angeles.sierraclub.org/wtc as a download in PDF format.

All questions, copy and photo submissions should be directed to Edd Ruskowitz, WTC Newsletter Editor at (714) 564-9130, or emailed to hikinedd@yahoo.com

WTC Info Line 310-967-2029

Reservations & Graduations

Most WTC students will find the Experience Outings (beginning on page 4) within their abilities. When selecting a trip read the description carefully and contact the leader for additional information. Consider the distance, elevation, duration, and destination, then contact the leader listed in the trip description. Remember that "M" level trips are a bit more technical than those you took during WTC. Trip leaders will select participants that match up well to the trip.

To reserve your place on an outing, send the leader two 9.5 x 4 inch self-addressed stamped envelopes (sases) or email as specified in the trip description. Include an information sheet with the following information: your name, address, home & work phone numbers, your WTC leader's name, the outing you wish to join, your experience, your physical conditioning program and whether you need or can offer a ride.

As the outing approaches, the leader will send you an itinerary and a list of participants so that you can arrange your own car-pool. The leader will state whether there are any permit fees you must share. If permit fees are required, please send a check payable to the leader for your portion. These fees are not refundable if you cancel and your place cannot be filled.

These outings fill up early! Plan ahead and reserve a place. If you must cancel, please notify the leader as soon as possible so another student who wants to graduate can take your spot. Remember to take your Student Record Card with you on the outing so the leader can sign it for you.

Participation in WTC outings may be denied by leaders for legitimate reasons. The leaders are responsible for the safe and enjoyable conduct of these outings, and will use their best judgement in selecting participants.

1. Two experience outings must be completed to fulfill course requirements for graduation. At least one of the two outings must be a scheduled Sierra Club outing. The second may be a Sierra Club outing or a private outing. Both outings must be overnight back-packing trips that include substantial cross-country travel. At least one of the two outings must include a peak climb.

2. A peak-climb outing that does not succeed in reaching the summit, due to weather or other safety-related reasons, may count as an experience outing provided that most of the climb was completed and substantial off-trail terrain was encountered.

3. There is no requirement to obtain prior approval for a private outing. As long as the outing meets the requirements simply go on the outing, complete the non-scheduled experience outing record form and send it, along with your Student Record Card (after all other requirements are completed), to the registrar for your area. Be sure to include a self-addressed stamped envelope (sase) if you wish to be notified that your card was received.

4. WTC graduation is scheduled for October, 2004. Information will be mailed to students and staff approximately two weeks in advance.

West LA WTC Graduation, Oct. 16-17, Sat-Sun at Harwood Lodge, Mt Baldy in the Angeles National Forest. Car camp. Possible local trail and/or cross country day hikes. Sun Graduation Ceremony. Contact your WTC group leader for details.

Long Beach-South Bay WTC Graduation, Oct. 23-24, Sat-Sun at Sheep Pass Campground Joshua Tree National Park. Car camp. Possible local trail and/or cross country day hikes. Sat evening Graduation Ceremony. Contact your WTC group leader for details.

San Gabriel Valley WTC Graduation, Oct. 23-24, Sat-Sun at Indian Cove. Car camp. Possible local trail and/or cross country day hikes. Sat evening Graduation Ceremony. Contact your WTC group leader for details.

Orange County WTC Graduation, Oct. 23-24, Sat-Sun at Indian Cove Campground Joshua Tree National Park. Car camp. Possible local trail and/or cross country day hikes. Sat evening Graduation Ceremony. Contact your WTC group leader for details.

Liability Waiver Notice To participate in a Sierra Club outing, you will need to sign a liability waiver. To see a copy of this waiver prior to attending the outing, please see www.sierraclub.org/outings/chapter/forms

Transportation Notice In the interests of facilitating the logistics of some outings, it is customary that participants make voluntary carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride sharing or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

Tell a Friend

You may not know this, but most WTC students first hear about the course through a friend or relative. If you've enjoyed WTC, tell a friend. Or a relative, an acquaintance, business associate, your receptionist, the UPS guy (I think his name's Brown), the annoying neighbor down the street with the yappy dog... no, wait; scratch that last one...

Headline Deadlines

For publication in the Fall 2004 WTC Newsletter:

August 2 Last day to submit restricted outings to the Outings Chair.

August 16 Last day to submit non-restricted outings to Area Outings Coordinators.

August 23 Last day for Outings Coordinators to submit write-ups to the Outings Chair.

August 30 Last day for all WTC Newsletter submissions.

WFAC+WTC=Leaders

**Neurons fire
Fractured tibia lurches
Purulent skin breaks.**

A Valentine verse?

Not exactly. Steve Schuster asked his Wilderness First Aid students to come up with a sentence using the medical terms randomly assigned to their name tags. Ron Campbell, Orange County WTC Group 2 leader, let fly with haiku.

Wilderness First Aid began in the Garden Grove Community Center; Steve was the only instructor, teaching his two-day course from a stack of 3 x 5 cards. That was 25 years ago. Since then he's watched WFAC grow into what is now the Angeles Chapter's highly respected, highly sought after wilderness first aid training course. Over the years the course moved from Big Bear, Lake Gregory, Keller Ski Hut—even Steve's own backyard one year—to its current home at Harwood Lodge above Mt. Baldy Village. It's now a 3-day course held twice a year and is famous for its waiting list; an early sign-up is a good idea.

So, what's WFAC have to do with WTC? The training required to get your I, M or E leadership rating includes a course in wilderness first aid. To keep their rating current, leaders are required to re-take WFAC every three years. And though other commercial courses can be found, their cost is far higher.

The kicker is that this course feeds you. As in: food. Lots and lots of food. Former WTC leader Markey Daley, the WFAC Kitchen Commander the past several years, provides breakfast, lunch, dinner and approximately 4,395 snacks throughout each day, all included in the course fee. Also included is lodging, albeit dormitory style (earplugs: the eleventh essential).

The course is packed with lectures and practical instruction. The photos to the right and on the back cover show WFAC instruction in action. Each class includes scenarios where a volunteer "victim," expertly made up by Steve and his wife Kathy with fake blood and rubber wounds, is planted on the hillside. A group of students then happens upon the victim and proceeds to administer first aid, all the while watched over by an instructor (some of the "victims" over the years have given Oscar-worthy performances).

"When you take wilderness first aid, you learn to make better choices in the field," says Donna Hryshchshyn. Donna, a registered nurse with an extensive wilderness first aid background, is one of Steve Schuster's volunteer instructors. "It gets you thinking about and assessing your skills, and about how prepared you'll be to deal with a wilderness situation." Donna employs a nerf ball in class to keep students alert.

George Brimmer, another of Steve's long time volunteer instructors, is an EMT with the National Ski Patrol. He's always accompanied in class by Bob. Bob has stuffing for brains. Heck, his entire body is made of stuffing. Bob is the perfect volunteer: patient and pliable.

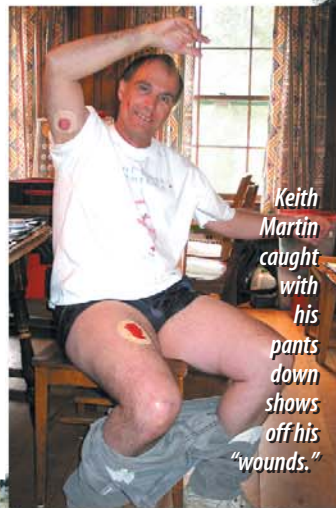
Sigrid Sexton, another registered nurse, has summited Mt. Ranier, Aconcagua and Mount Blanc. She's an M rated leader with the Angeles Chapter and a former WTC leader.

The next course is in October. See page 11 or, for more information go to <http://home.mindspring.com/~sks.wfac> or you can email steve at sks.wfac@mindspring.com

Markey Daley and Christine Edwards over-feeding the troops.



Steve basting a volunteer in blood.



Keith Martin caught with his pants down shows off his "wounds."



Log rolling - WFAC-style.



Mark & Robert model the latest in head wound headwear



Chi Choi got mugged



My dummy's dumber than your dummy.



Sigrid loves her PowerPoint



Hey, that tickles!



Steve devises a plan to keep this little piggie from going to market.



George determines Bob is in shock; decides the best course of action is to give Bob a nice massage.

Experience Outings

Please see Outings Leader Directory on pages 8-9 for SASE and contact information.

NEW! – Indicates new trip not listed in a previous WTC Newsletter

July

July 17-18 / Sat-Sun **NEW!**

Verdugo Hills, WTC

I / 4th Laking Expedition

Sat backpack 3 mi, 1100' gain from South Lake to camp south of Lake Ruwau. Some 50 bodies of water beckon our bottoms within a 1.5 mi radius. Saturday and Sunday we'll wet ourselves in as many of those waters as possible. Chocolate Pk (11,682') an added bonus. Sunday break camp and pack out 2 pm. WTC or equivalent required. Send 2 sase (+postcard if you want receipt acknowledgment), hiking resume, H & W phones, e-mail rideshare info, \$5 permit fee to Ldr: Garen Yegparian, Co-Ldr: Richard Boardman.

July 17-18 / Sat-Sun

WTC

I / Hurd Pk (12,317')

Sat backpack 3 mi, 900' gain from South Lake to Treasure Lakes. Sat or Sun climb peak, 1600' gain. Sun return to cars. Send 2 sase, resume with recent experience & conditioning, H&W phones, and \$5 permit fee to Ldr: Mike Bolde. Asst: Pat Bolde.

July 17-19 / Sat-Mon

Sierra Peaks

I / Mt Stanford (North) (12,838')

SPS introductory trip in eastern Sierra geared to prospective SPSers and WTC students. Relaxed, casual and enjoyable. Sat backpack 6 mi and 1400' of gain to western most Hilton Lake at 10,353'. Sun climb class 2 Stanford in 5 mi rt and 2500' of gain, all cross-country. Legendary community happy hours Sat and Sun evenings. Send sase, \$5 permit fee per person, conditioning and experience, H&W phones, ride share info to Ldr: Patty Kline. Asst: Rich Gnagy.

July 22-25 / Thu-Sun

WTC

I / Mt Conness Circumambulation

20 mi backpack, mostly off-trail from Saddlebag Lake to Sawmill Campground via Upper McCabe Lake, Roosevelt Lake, Skelton and Granite Lakes, and Maul Lake. We'll backpack 5-7 mi per day on a route-finding trip over several class 2 passes with up to 2000' gain per day. Send sase/email and H&W phones to Ldrs: Anne Bittner and Pat Johantgen.

July 24-25 / Sat-Sun **NEW!**

WTC

I / Mt Silliman (11,188')

Sat. backpack from Lodgepole 3.5 mi, 2,000' through beautiful Sequoia National Park to camp at a meadow alongside Silliman Creek. Relax the rest of the afternoon before enjoying group happy hour. Sun. ascend class 2 granite friction slabs past Silliman Lake to the peak, 3.5 mi rt, 2,400' gain. Take in spectacular views from the top, then return to camp and pack out. Comfort with class 2 rock required. Send email, 2 sase, conditioning/experience, H&W phones, rideshare info to Ldr: Melissa Kane, Asst: Ron Campbell.

July 24-25 / Sat-Sun

WTC

I / Basin Mtn (13,181')

Sat backpack 4 mi, 2200' gain to camp at Horton Lake. Sat afternoon relax, fish, swim or explore nearby mines followed by happy hour. Sun xc climb Basin (5mi rt, 3200' gain) then break camp and pack out. WTC or equivalent required. Send sase/email, recent experience/conditioning to Ldr: Rich Wood. Asst: Marnie O'Toole-Hinkle.

July 30 - August 1 / Fri-Sun

WTC

I / Merriam Pk (13,103')

Fri hike from Pine Creek trailhead to terraces above Honeymoon Lake (7 mi, 3030' gain). Sat travel xc up to Royce Lakes (2.5 mi, 1290' gain) drop packs at camp near middle lake and climb peak (2.5 mi, 1378' gain). Option to climb Royce Pk if time/conditions permit. Sun xc over to pick-up trail at Pine Creek Pass and out. Total distance 25 mi (14 mi on trail, 11 xc). Total gain 5698'. Send 2 sase with conditioning/experience to Ldr: John Cyran. Asst: Ken Wagner.

July 31-August 1 / Sat-Sun **NEW!**

WTC

I / Jean Pk (10,670), Marion Mtn. (10,382)

Easy paced bkpk 2 mi., 800 gain from Palm Springs Tram to Round Valley on Sat, set up camp. Day hike peaks (approx 4 mi, 2,000' gain, significant cross-country). Return to cars Sun via tram. Trip size limited due to permit. Send 2 SASE, recent conditioning, H/W phones to: Ldrs: Cathy Shearon, Susan Richmond

July 31-August 1 / Sat-Sun **NEW!**

WTC

I / Hurd Pk (12,237)

Sat climb 3 mi, 1000' gain from South Lake to Lower Treasure Lakes. Swim, fish, explore. Sun climb peak, 1 mile, 1600 ft. gain; pack out. WTC or equivalent required. \$5 each for permit. Send 2 SASE, e-mail, H&W phones, resume of conditioning/experience, rideshare info to Ldr: Will Sheehan, Asst: Vaughn Sherman.

July 31- August 1 / Sat-Sun

WTC

I / Cloudripper (13,525')

Sat backpack from South Lake to camp at Green Lake, 4 mi, 1200'. Optional afternoon hike to Hunchback (12,311'). Special happy hour Sat night. Sun cross-country climb to peak, 3 mi, 2300' gain. Back to camp and pack out. WTC or equivalent required. Send email or 2 sase and \$6 permit fee (made out to Leader) to Ldr: K. C. Reid. Asst: Mike Dillenback.

July 31- August 1 / Sat-Sun

WTC, Sierra Peaks

M / Moses Mtn (9,320), North Maggie Mtn (10,234)

SPS intro trip. Join us for a fun backpack on the Western side of the Southern Sierra. Sat backpack 3 miles 1500' gain to camp and climb Moses Mtn (additional 4 mi rt, 2000' gain to peak. Easy Class 3). Sun climb North Maggie Mtn 5 mi rt 2500' gain, plus 3 mi back to cars. Sign up preference given to WTC students. Email, sase, experience, and \$5 permit fee to Ldr: Greg Roach Asst. Patty Rambert.

August 7–8 / Sat–Sun

I / Cirque Pk (12,900')

SPS introductory trip in eastern Sierra geared to prospective SPSers and WTC students. Moderate and enjoyable pace. Sat backpack from Horseshoe Meadows at 10,000' to Long Lake 11,160' (5 mi, 1200' gain). Sat evening legendary community happy hour. Sun climb class 1 Cirque Pk (5 mi, 1800') and pack out from camp. Send sase, \$5 permit fee, conditioning and experience, H&W phones, ride share info to Ldr: Patty Kline. Asst: Keith Martin.

Sierra Peaks

August 7–8 / Sat–Sun

I / Mt Langley (14,027')

Experience trip for leaders and WTC students or equivalent. Sat backpack from Cottonwood Lakes trailhead to upper Cottonwood Lake, 6 mi, 1200'. Early Sun start for Mt Langley, 7 mi rt, 3000', then pack out. Send 2 sase or 1 sase plus email, with recent experience, conditioning, H&W phones, \$5 permit fee, and rideshare info to Ldr: Neal Robbins. Co-Ldr: Mike Dillenback.

WTC

August 7–8 / Sat–Sun

I / Mt Silliman (11,188')

Sequoia National Park backpack. Sat pack in from Lodgepole, 3.5 mi 2,000' gain with almost half cross-country to Silliman Lake (10,049'). Climb granite friction slabs on way to lake. Sun climb to peak 4 mi rt, 2400' gain. After a rest on summit we will return to camp and head home. Send two sase, H&W phones, backpacking resume, and rideshare info to Ldr: Sharon Bosler. Asst: Mike Adams.

WTC

August 13-15 / Fri-Sun

I / Mt Brewer (13,570')

Fri backpack from Onion Valley 14 mi 2600' gain over Kearsarge Pass then down with another 1300' gain into camp at East Lake. Sat 2.5 mi xc 3600' gain up east ridge to summit of Mt Brewer and back to camp. If we have time we may attempt South Guard from Mt Brewer. Sun backpack out. Send email/sase, recent experience/conditioning, and contact info to Ldr: Connie Leonard. Asst: Greg Foerstel.

WTC

August 14-17 / Sat-Tue

I / Alta Mdw (9200'), Moose Lake (10560'), Pear Lake (9560')

Tired of peak bagging? Rest at the beautiful meadows and lakes of Sequoia NP. Moderately paced, 18-23 mi rt backpack. Sat hike 7 mi, 2200' gain to Alta Mdw, stopping at Panther Gap for vistas of Great Western Divide. Sun/Mon pack xc over rock/talus 6 mi, 2100' to Pear Lake, camping overnight by Moose Lake. Optional 2.5 mi loop around Moose Lake to eastern shore. Tue 6 mi downhill pack out past two lakes. WTC or equivalent required. Send sase/email, \$2 for permit, recent experience & conditioning, H&W phones, car-pool info. Ldr: Eric Scheidemantle. Asst: Bill Jackson.

WTC

August 20-22 / Fri-Sun NEW!

I / Rafferty Peak (11,110')

Fri backpack 7+ mi, 1200' gain from Tuolumne Meadows to peaceful and scenic Boothe Lake with navigation practice en route. Sat climb peak 6.5 mi, 2,200' gain. Sun pack out. Comfort on class 2 climbing required. No tigers please. Send check for \$7 permit fee (payable to Wilderness Adventures), 1 sase (or email), contact & rideshare info, recent backpacking & conditioning experience to Ldr: Jane Simpson. Co-Ldr: Susan Richmond.

WTC, Wilderness Adventures

August 20–22 / Fri–Sun

I / Pilot Knob North (12,245')

SPS Intro Trip suitable for WTC students. Start Fri morning for moderately fast-paced 3-day backpack & climb in John Muir Wilderness and Kings Canyon National Park High Country. Fri backpack from North Lake 7 mi, 2300' gain over Piute Pass to Lower Desolation Lake. Enjoy beautiful lakes and vistas as we climb up over the pass.. Sat 'bag' Pilot Knob North, 8 mi xc, 1400' gain/loss with fabulous views of Humphreys Basin and the Kings Canyon High Country.. Sun backpack out to North Lake, then return to LA. While not for beginners, this trip is suitable for people who already have some other xc trips under their boots. Send check for \$10 permit fee (payable to Wilderness Adventures), two 4x9 sase (or 1 sase & email), complete contact info, recent backpacking & climbing resume and rideshare info to Ldr: Keith Martin. Asst: Mark Mitchell

Wilderness Adventures, Sierra Peaks

August 21-22 / Sat-Sun NEW!

I / Mt. Goode (13,085')

Sat. backpack 4 miles, 1400' gain from South Lake. Explore, Relax, (fish?) before happy hour. Bear cans required. Sun X/C hike to peak and out, 2000' gain, 8 miles. We will go at a moderate pace; this is a good intro to Sierra peak climbs. \$5 permit fee. Send 2 sase or email, contact info, recent backpacking experience, conditioning to Ldr: Scott Nelson. Co-Ldr: Dan Bovee.

WTC

August 21-22 / Sat-Sun

I / Mt Agassiz (13,893')

Sat backpack 3 mi, 1900' gain from South Lake to Saddlerock Lk. Bring appetizer or dessert to share Sat night. Sun early climb of peak, 5 mi rt, 2500' gain, class 2. Return to camp and pack out. Send 2 sase or email (preferred), recent experience and conditioning, phone and rideshare info to Ldr: Sheryl O'Rourke. Asst: Kristen Mahaffey.

WTC

August 21–22 / Sat–Sun

I / Cirque Pk (12,900')

Sat backpack from Horseshoe Meadows outside of Lone Pine to Chicken Springs Lake (4 mi, 1300' gain). Sun follow PCT from camp, then xc climb to Cirque Pk (3 mi, 1600' gain). Return to camp and pack out. WTC or equivalent required. Send sase/email and recent experience/conditioning to Ldr: Mark Roberts. Asst: Marnie O'Toole-Hinkle.

WTC

August 21-23 / Sat-Mon NEW!

I / Ediza Lake Backpack

Moderately strenuous 14 mi rt backpack to beautiful Ediza Lake, in the high Sierra wilderness above Mammoth Lakes, at the foot of Mt Ritter. Sat backpack 7 mi from Agnew Meadow to Ediza Lake and set up camp. Sun xc day-hike to Nydiver Lakes and possible climb of nearby unnamed peak. Mon pack out and drive home. WTC grads welcome. Not suitable for beginners. Send \$5 to cover permit fee (Wilderness Adventures), recent backpacking experience/conditioning info, 2 sase, or 1 sase and email, H&W phones, to Ldr: Beth Powis. Co-Ldr: Dave Coplen.

Wilderness Adventures, WTC

August 21–23 / Sat–Mon

I / Mt. Conness (12,590')

SPS introductory trip in Yosemite geared to prospective SPSers and WTC students. Moderate, relaxed and enjoyable pace. Sat backpack from Tuolumne Meadows at 8600' to Young Lakes (6 mi, 1900' gain). Sun climb class 2 Mt Conness (6 mi, 2600') at the northeast boundary of Yosemite. Legendary community happy hours Sat and Sun evenings. Mon backpack out (6 mi, 1900' loss). Send sase, \$5 permit fee per person, conditioning and experience, H&W phones, ride share info to Ldr: Patty Kline. Asst: Rick Jali.

Sierra Peaks

August (continued)

August 27–29 / Fri–Sun Palos Verdes-South Bay/Sierra Peaks, WTC I / Lone Pine Pk (12,943') Thor Pk (12,306')

Combination back pack and car camp. SPS intro trip suitable for WTC students. Start Fri morning for moderately paced 2-day backpack & climb of Lone Pine Pk via Lower Meysan Lake. Fri backpack from Whitney Portal to Lower Meysan Lake 2.5 mi, 2300' gain. Sat 'bag' Lone Pine Pk 2 mi xc 2900' gain and hike out. Sat evening stay at unimproved car camp in Alabama Hills area. Sun day hike Thor via East ridge (some bush wacking) then return to LA. Send check for \$5 permit fee (payable to Leader), two 4x9 sase (or 1 sase & email), complete contact info, recent backpacking & climbing resume and rideshare info to Ldr: Keith Martin. Asst: Patty Rambert.

August 28-29 / Sat-Sun **NEW!** WTC I / Cloudripper (13,525')

Sat. AM backpack from South Lake trailhead to Green Lake (3 mi, 1450' gain – on trail). Sat afternoon fish, hike, explore? Sat happy hour. Sun day-hike XC to Cloudripper (2 mi, 2470' gain), return to camp, and pack out. WTC or equivalent required. Send conditioning & recent experience, rideshare info, H&W phones, email, sase, and \$6 permit fee (made out to leader) to Ldr: Gwen Sharp. Asst: Virgil Talbott.

August 28–29 / Sat–Sun Sierra Peaks, WTC I / Mt Lamarck (13,417')

SPS introductory outing for SPS prospects, WTC students, or equivalent. Meet Sat at North Lake. Backpack 4 mi, 2000' gain to camp overnight at Upper Lamarck Lake. Happy hour Sat night. Sun xc climb Mt Lamarck (5 mi rt, 2500' gain). Return to camp, break camp and hike out. WTC or equivalent required. Send check for \$6 permit fee, email or 2 sase, contact and rideshare info, recent conditioning/backpacking experience to Ldr: Mike Dillenback, Co-Ldr Joe Wankum.

September

September 3-6 / Fri-Mon Wilderness Adventures, WTC I / Muriel Pk Backpack Bus Trip

Leave Fri evening for a 14 mi rt, 4600' gain backpack to visit beautiful Loch Leven, Piute Lake, and Humphrey's Basin. Fri night, stay at Bishop Park Group Campground (8400') near Bishop. Sat, pack 7 mi, 2300' gain from Lake Sabrina over Piute Pass to spectacular, alpine Muriel Lake to camp, then delicious mixed veggie group salad. Sun, climb Muriel Pk (12,937'), 4 mi XC, 1700' gain via Alpine Col or The Keyhole, then back to camp for group Happy Hour. Mon, pack out to meet bus. Cost \$120 with SC# / \$135 non-member includes bus, bus snacks & drinks, all fees, Mon dinner on return trip. After 8/2, 90% of cost refundable only if suitable replacement is found. Send SC#, check (Wilderness Adventures) two 4x9 sase or email, H&W phones, recent backpack/conditioning experience, to Ldr: George Denny. Co-Ldr: Adrienne Benedict.

September 10-12 / Fri-Sun Sierra Peaks I / Mt Hoffman (10,850'), Tuolumne Pk 10,845')

Leisurely paced, xc ascents of two prominent unlisted, cl 2 peaks northwest of Tenaya Lake in Yosemite NP. Meet Fri pm for group happy hour or Sat am in NP campground. Sat caravan to trail head for ascent of Tuolumne, 2000' gain, 7 mi rt; Sun caravan to trail head for Hoffman, 2500' gain, 4.5 mi rt. Send 2 sase with H&W phones & email address to Asst Ldr: Jerry Keating. Co-Ldrs: Barbara Lilley & Gordon Macleod

September (continued)

September 10-12 / Fri-Sun WTC I / Mt Silliman (11,188')

Fri backpack approx 4 mi, 2000' gain on a use trail from Lodgepole, Sequoia NP to Silliman Lake area. Sat climb peak for incredible views of the Great Western Divide, 4 mi rt, 2,500' gain and return to camp for group happy hour. Sun pack out. Comfort on class 2 granite slab required. No tigers please. Send check for \$6 permit fee, 1 sase (or email), contact & rideshare info, recent backpacking & conditioning experience to Ldr: Cheryl Gill. Co-Ldrs: Janet Yee, Jane Simpson.

September 10-13 / Fri-Mon **NEW!** Wilderness Adventures, WTC I / Big Pine Creek and Cloudripper(13,525')

Let's have fun around, above, and IN Big Pine Creek! Fri moderately strenuous 5.5 mi, 2500' gain trail backpack to camp near Third Lake. Sat, hike directly in the creek from Third Lake to Fifth Lake and to headwaters beyond, conditions permitting, and return to camp via nearest trail. Sun strenuous xc 7.5 mi, 3350' climb of Cloudripper. Mon return to cars. Must be comfortable with both steep, off-trail hiking and walking directly on slippery rocks in cold flowing stream (with appropriate footwear and daypack). Send \$10 permit fee (Wilderness Adventures), 2 sase, H&W phones, email, recent conditioning, experience, rideshare info to Ldr: Mark Mitchell. Co-Ldr: David Copen.

September 11-12 / Sat-Sun **NEW!** WTC, SPS I / Lone Pine Pk (12,943')

Sat backpack 4.7 mi, 3600 gain from Whitney Portal to Meysan Lakes and group happy hour. Sun climb peak, 2 mi, 2300' gain by class 2 xc route over talus and scree to great views, then pack out. WTC/equivalent required. Send SASE or email, H&W phones, \$5 permit fee, recent conditioning/experience, rideshare info to Ldr: Anne Marie Richardson. Asst: Anne Bittner.

September 11-12 / Sat-Sun WTC I / Iron Mtn (11,148')

Sat backpack from Devil's Postpile (6 mi, 2100' gain) to camp at Anona Lake. Sat afternoon, relax, fish, swim or explore followed by happy hour. Sun xc climb Iron (5mi rt, 3200' gain) then break camp and pack out. WTC or equivalent required. Send sase/email, recent experience/conditioning to Ldr: Rich Wood. Asst: Brad Hinkle.

September 11-12 / Sat-Sun Sierra Peaks, WTC I / Silver Pk (11,878')

Sat backpack from near Lk Thomas Edison to camp at Big Margaret Lk (10 mi, 3400' gain), then climb cl 2 Silver mostly xc, 2.5 mi rt, 1900' gain. Out Sun (1500' gain). Send email/sase with recent conditioning and experience to Ldrs: Tina and Tom Bowman.

September 11-12 / Sat-Sun Sierra Peaks, WTC, Hundred Peaks I / Basin Mtn (13,181')

SPS Intro trip, moderately paced. Sat backpack to Horton Lake, 4 mi, 2600' gain, then happy hour. Sun climb Basin by NW slope, 2.5 mi, 3200' gain. Return to camp and pack out. Send sase with carpool info, recent conditioning, experience and check for \$5 permit fee to Ldr: Gary Schenk. Asst: Patty Rambert.

September 11-12 / Sat-Sun Sierra Peaks, WTC I / Florence Pk (12,432')

Sat backpack 5 mi 2800' gain to Franklin Lake and climb Florence (add'l 4 mi rt, 2600' gain). Sun lounge lakeside and leisurely pack out. Send email/sase, H&W phone, recent experience and conditioning to Ldr: Maria Roa. Asst: Helen Qian.

September (continued)

September 11-13 / Sat-Mon

Sierra Peaks, WTC

I / Mt Julius Caesar (13,200')

SPS introductory trip in eastern Sierra geared to prospective SPSers and WTC students. Moderate and enjoyable pace. Sat backpack above Honeymoon Lake, camping at 10,600' (7 mi, 3200' gain). Sun climb class 2 Julius Caesar (9 mi, 2600' with xc). Legendary community happy hours Sat and Sun evenings. Mon backpack out. Send sase, \$5 permit fee, conditioning and experience, H&W phones, ride share info to Ldr: Patty Kline. Asst: Joe Wankum.

September 17-19 / Fri-Sun Wilderness Adventures, Sierra Peaks

I / Yosemite NP/Koip Peak (12,962')

SPS Intro Trip suitable for WTC students. Start Fri morning for moderately fast-paced 3-day backpack & climb in Yosemite's High Country. Fri backpack 6 mi, 1800' gain over Parker Pass to lakes south of Pass. Explore old shepherders cabin and abandoned mining camp near Bloody Canyon on the way. Sat 'bag' Koip Peak, 6 mi xc, 2000' gain/loss with fabulous views of Tuolumne Meadows, Cathedral Range and Minarets to the South. Sun backpack out to Tuolumne Mdw, then return to LA. While not for beginners, this trip is suitable for people who already have some other xc trips under their boots. Send check for \$10 permit fee (payable to Wilderness Adventures), two 4x9 sase (or 1 sase & email), complete contact info, recent backpacking & climbing resume and rideshare info to Ldr: Keith Martin. Asst: Beth Powis

September 18-19 / Sat-Sun UPDATED!

WTC, SPS

I / Mt Agassiz (13,893')

(Same date, new destination – trip originally scheduled to Mt. Tom) Gourmet Backpack! Join us for a weekend of high-altitude decadence. Sat backpack 5 mi, 1400' to Bishop Lake for an elegant dinner. Sun work off those calories and enjoy gorgeous views with 3 mi, 2650' climb of Mt Agassiz. Send sase with e-mail, recent conditioning and your most outrageous culinary ideas to Ldr: Ron Campbell. Asst: Georgette Rieck

September 18-19 / Sat-Sun

WTC, Sierra Peaks

I / North Maggie Mtn (10,234')

Join us for a short but moderate backpack trip to North Maggie Mtn. Sat backpack from Hidden Falls in Sequoia National Forest to camp, 2 mi, 900' gain. Climb peak Sat noon or Sun morn through much xc and much brush, 3400' gain, 2 mi. Spare time can be spent exploring Tule River for Golden Trout. Send sase/email, with info on conditioning/experience, WTC leader's name, and rideshare info to Ldr: Ed Morente. Asst: Tom McDonnell.

September 18-20 / Sat-Mon NEW!

WTC, Wilderness Adventures

I / Iron Mtn (11,149')

Visit two lakes, Minaret Falls, Devil's Postpile and see, but not touch, a glacier all on one trip! Moderately paced 6 mi, 1300' gain from Devil's to Anona Lake on Sat. Sun. climb class 2 Iron, skirting south end of glacier, 6 mi, 2050' gain xc over possible snow. Mon pack out different route 8 mi on Becks Lake trail, passing Minaret Falls before returning to Devil's. Send sase/email, \$5 permit fee, recent experience & conditioning, H&W #, carpool info. Ldr: Eric Scheidemantle. Asst: George Denny.

September 24-26 / Fri-Sun

WTC, Sierra Peaks

I / Pilot Knob #2 (12,245')

SPS intro trip. Fri backpack 6 mi, 2000' gain from North Lake to Muriel Lake. Sat 7 mi, 2100' to Pilot Knob. Happy hours both nights. Sun break camp and pack out to trailhead. Send check for \$6 permit fee (made out to leader), email or 2 sase, contact and rideshare info, recent conditioning/backpacking experience to Ldr: Mike Dillenback. Asst: K. C. Reid.

October

October 2-3 / Sat-Sun

WTC, Long Beach

I / Quail Mtn (5,813')

Backpack in beautiful Joshua Tree National Park. Sat hike 5 mi with easy gain to Juniper Flats and set up camp. Continue xc 2 mi hike 1000' gain to the highest peak in the park with stunning views all around and even a chance to see Big Horn Sheep. Dry camp – you must carry all the water you need. Sun hike out, followed by optional tour of unique Samuelson's Rocks on the way out of the park. Send sase/email (preferred), H&W phones, recent conditioning/hiking experience to Ldr: Kristen Mahaffey. Asst: Janet Yee.

October 9-10 / Sat-Sun

WTC

I / San Jacinto (10,804'), Cornell (9,721')

Sat backpack 6 mi, 3300' gain, from Humber Park to Round Valley; climb Cornell to lunch ledge. Sun climb San Jacinto 1700' gain. Hike out. Send 2 sase, resume with recent experience & conditioning, H&W phones to Ldr: Mike Bolde. Asst: Pat Johantgen.

Outings of Interest

Most WTC students should find these outings within their abilities. Unfortunately, these trips do not qualify for WTC graduation; they're just really, really interesting.

July 24 / Sat NEW!

HPS, WTC, OCSS

O / San Gorgonio (11,499')

Have you wanted to climb San G, but never have, because it is SO hard? Join one of the easiest-paced leaders in the HPS for a leisurely, relaxing hike up the steepest (but shortest) route to the top of the highest peak in Southern CA. Are you training for Whitney or Rainier or Shasta or Denali? This would be a great conditioning hike for you. We will welcome other well-trained, fit, but easy-paced participants. No tigers. Plan to spend the ENTIRE day. Number of participants limited by Wilderness Permit. For meeting place, time, etc., send esase with climbing resume (recent high altitude hikes) to Ldr: Cheryl Gill. Asst Ldr: Laura Curran.

October 16 / Sat NEW!

Wilderness Adventures, WTC

I / Wonderland of Rocks Traverse in Joshua Tree NP

You've done the map exercise in class, but have you ever wanted to find out what the hike to Willow Hole is really like? Join us for this 6+ mi, 1000' gain moderately strenuous xc hike with lots of Class 2 bouldering. Start and end at Indian Cove Campground in Joshua Tree NP. Visit Rattlesnake Cyn and Willow Hole along way. Optional car camp Sat night at Indian Cove. Send email, 2 sase, recent hiking/conditioning experience, H&W phones, rideshare info, interest in carcamp to Ldr: Brent Costello. Asst: Jason Lynch.

October 30 / Sat NEW!

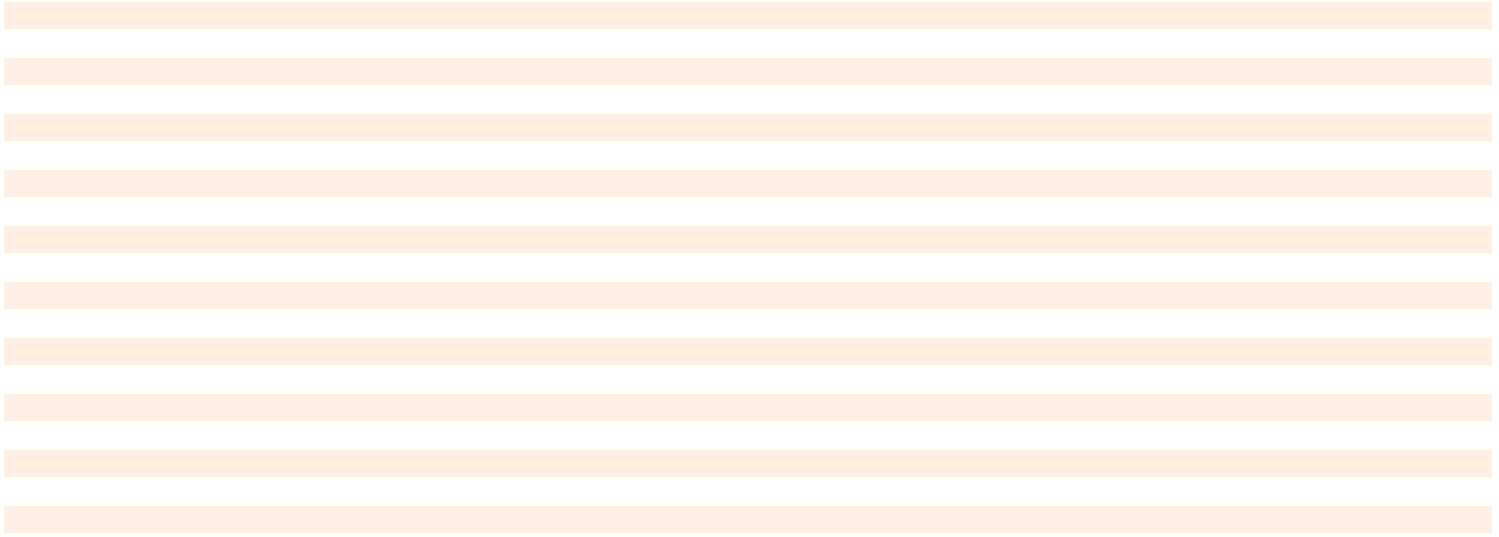
Wilderness Adventures, WTC

I / Sheep Mtn (5141')

Strenuous 13 mi rt, 2900' gain hike on trail and xc, in the desert terrain of the rugged Santa Rosa Mtns south of Palm Springs. Send sase/esase, recent conditioning/experience, H&W phones to Ldr: Chip Dever. Asst: David Coplen.

Outings Leader Directory

Please see the Outings Leader Directory on pages 8-9 of the WTC Newsletter print version for SASE and contact information



Emerging from the mist, your dedicated WTC leaders – and WFAC students – return from an unsuccessful après WFAC class search for after hours entertainment in Manker Flats; go figure. From left are Kristen Mahaffey (LB), Cheryl Gill (OC), Mike Adams (LB), Kirt Smoot (OC) and Richard Boardman (LB).



***Now THIS is Snow Camp:** Helen Lake on Mt. Shasta at 10,400'. Many more tents would go up here before nightfall. Led by West LA's Gerard Lewis, four WTC leaders and two students attempted the peak the following morning. Gerard and West LA's Bob Dryden braved the 60+ mph winds near the summit to claw their way to the top while others stopped several hundred yards short at the top of aptly named Misery Hill. Also on the climb were West LA students Paul Garry and Allison Yoon, and Orange County leaders Melissa Kane and Edd Ruskowitz.*



The Gnarly Stuff

Technically Challenging Trips – not suited for WTC students
Strong WTC students with prior mountaineering experience may qualify.

July 1-4 / Thu-Sun

Sierra Peaks, WTC

E / Disappointment Pk (13,917'), Middle Palisade (14,012')

Thu hike in along South Fork of Big Pine Creek past Willow Lake and Brainard Lake to camp above Finger Lake 7 mi, 3400' gain. Fri climb Middle Palisade via glacier & strenuous class 3 NE face, 1 mi, 2850' gain. Sat ascend steep snow chute of Southfork Pass and traverse Balcony Pk to climb Disappointment 2 mi, 2750' gain. Mon pack out to trailhead. Restricted to Sierra Club members with class 3, crampon & ice axe experience. Send sase/esase, H&W phones, SC#, details of experience & conditioning to Ldr: Tom McDonnell. Co-Ldr: Nile Sorenson.

July 2-6 / Fri-Tue

Sierra Peaks

M / Matterhorn Pk (12,279'), Whorl Mtn (12,033'), Twin Pks (12,323'), Virginia (12,001')

Fri backpack 6 mi, 4000' up Horse Creek to camp. Sat climb Matterhorn followed by happy hour for double emblem celebration. Sun class 3 Whorl, Mon Twin and Virginia, Tue out. Send sase/email with class 3 experience, rideshare information, H&W phones to Ldr: Barbara Sholle. Asst: Don Sparks.

July 9-11 / Fri-Sun

WTC

M / Bear Creek Spire (13,713')

Fri pack from Mosquito Lake Trailhead to Dade Lake (4 mi, 1000' gain). Optional climb of Pyramid Pk via 3rd Cl North Ridge (2 mi rt, 1400' gain). Sat climb Bear Creek Spire via class 3 "Ulrich's Route" (2 mi rt, 2200' gain). Sun leisurely pack out. This trip is intended for WTC staff members and others pursuing advanced leadership ratings who have previous class 3 experience. Send sase/email, recent experience, conditioning to Ldr: Will McWhinney. Co-Ldr: Don Croley.

July 24-27 / Sat-Tue

Sierra Peaks

M / Mt Clark (11,522'), Gray Pk (11,573'), Red Pk (11,699'), Merced Pk (11,726')

Join us for strenuous 4 day backpack and climb of 4 class 2-3 peaks in Yosemite. Sat hike to base of Mt Clark (10 mi, 3,500' gain) from Mono Meadows trailhead. Clark involves an exposed move, must be comfortable on rock. Over the next 3 days climb the peaks and pack out. Restricted to Sierra Club members. Send sase, SC#, and a \$5 check payable to John for the permit. Ldr: John Cheslick. Asst: Patty Rambert.

July 30 - August 1 / Fri-Sun

Sierra Peaks /Ski Mountaineers

M / Mt Ansel Adams, Electra

Climb two remote, beautiful, and not frequently visited peaks in Yosemite N.P. Exploratory trip to consider A.A. for the SPS List. Approach from south with basecamp at Sadler Lake. 30mi, 6000' rt. Good conditioning and class 3 rock experience required. Send email with climbing experience, current conditioning, phones to Co-Ldrs: Reiner Stenzel, Mark Goebel.

July 31-August 1 / Sat-Sun

WTC, Sierra Peaks

M / Dragon Pk (12,955'), Mt Gould (13,005')

Sat backpack 2 mi to camp north of Golden Trout Lake then climb Gould. Sun climb Dragon via South Ridge (exposed summit block) and pack out. 3rd class climbing experience required. Climbing helmet recommended. Send sase/email with resume of recent 3rd class climbing experience, H&W phone, SC#, and \$5 permit fee to Ldr: Helen Qian. Asst: Will McWhinney.

August 7-8 / Sat-Sun

Sierra Peaks, WTC

M / Mt Sill (14,153')

Restricted to Sierra Club members with strong physical conditioning and 3rd class rock and snow (ice axe and crampons) experience. Sat, from Glacier Lodge trailhead, backpack up to camp near Palisade Glacier. Sun ascend Mt Sill via the North Couloir and pack out. Send 2 sase/email describing experience, qualifications, conditioning, references, phones, and SC# to Ldr: Maria Roa. Assts: Beth Epstein and Asher Waxman.

August 19-22 / Thu-Sun

Sierra Peaks

E / Mt Clarence King (12,905'), optional other peaks Mt Cotter (12,721') and Mt Rixford (12,887')

Backpack 2700' elev gain and 4 mi over Kearsarge Pass, then down to Bullfrog Lake, on to the John Muir Trail and over Glen Pass to Sixty Lakes Basin 1200' gain and 8+ mi to camp. Pick up Mt Rixford class 2 on trip into camp Thu from Glen Pass 912' elev gain. Fri climb Mt Cotter class 2 and Sat Mt Clarence King, Cl 5.4, rock climbing experience a must. Sun pack out. Restricted to Sierra Club members. Send sase to Leader: Larry Tidball. Co-Leaders: Tom & Tina Bowman.

August 20-23 / Fri-Mon

Sierra Peaks, WTC

M / McAdie(13,799'), Mallory(13,845'), Irvine(13,780')

Backpack to Meysan Lakes (4 mi, 4100'), day hikes to McAdie (cl 3, 4 mi, 3700') and Mallory and Irvine (3 mi, 3000'). Climb of McAdie limited to qualified individuals - comfort on 3rd class rock required. Send 2 business sase (better yet esase) resume with experience and recent conditioning, H&W phones, rideshare info to Ldr: Barry Holchin. Co-Ldr: Joe Wankum.

August 21-23 / Sat-Mon

Sierra Peaks, WTC

M / Middle Palisade (14,012')

Sat backpack 6 mi, 3000' gain to Finger Lake & group happy hour. Sun climb Mountaineers list peak via glacier & strenuous class 3 NE face, 3250' gain. Enjoy spectacular views and return to camp. Mon pack out. Restricted to Sierra Club members with class 3, crampon & ice axe experience. Send sase, H&W phones, email, SC#, carpool info, resume w/experience & conditioning, and \$5 permit fee to Ldr: Anne Marie Richardson. Asst: Patrick McKusky.

September 4-6 / Sat-Mon

WTC, Sierra Peaks

M / Mt Tyndall (14,018')

Climb in autumn up a 14'ner. Strenuous 8 mi 4000' gain up Shepard Pass Trail to Anvil Camp on Sat. Sun climb Tyndall via class 3 north rib and back to camp (6mi rt, 4000' gain). Mon hike out. Recent 3rd class rock experience required. Restricted to Sierra Club members. Send sase/email with SC#, H&W phone, climbing resume, current conditioning and \$5 permit fee to Ldr: Scott Leavitt. Asst: Patrick McKusky.

September 18-26 / Sat-Sun

Sierra Peaks

M / Mt Guyot (12,300'), Joe Devel Pk (13,327'), Mt Muir (14,012'), Mt Pickering (13,474'), Mt Chamberlain (13,169'), Mt Hale (13,494') Mt Newcomb (13,422'), Mt Whitney (14,491'), Mt Young (13,176')

...and possible other peaks and time for fishing in the area. Week long back pack lots and miles and lots of elevation gain, bit also a beautiful area with lots of peaks. Participants must be comfortable with cross country travel and 3rd class rock, fishing poles optional. Restricted to Sierra Club members. Send sase to Ldr: Larry Tidball. Co-Ldr: Barbee Tidball.

The Gnarly Stuff *continued*

October 1-4 / Fri-Mon **Sierra Peaks, Ski Mountaineers**
M / North Guard (13,327'), Francis Farquhar (12,893')

Enjoy High Sierra in the Fall. Fri backpack (6 mi, 5500' up) to Sphinx Lakes for base camp. Climb Sat and Sun, N. Guard (8 mi rt, 4000'), Farquhar (4mi rt, 2000'). Mon pack out. Send sase/email (preferred) to leader with class 3 experience, conditioning to Ldr: Jim Crouch. Asst: Reiner Stenzel.

October 9-10 / Sat-Sun **WTC**
M / New York Mtn (7532'), Clark Mtn (7907')

Two desert peaks in the East Mojave area. Restricted to Sierra Club members with class 3 rock experience only. Sat climb New York Mtn 4 mi rt, 2000' gain, class 3 crack near summit. Drive to base of Clark Mtn. Happy hour and campfire. Sun climb Clark Mtn 2 mi rt, 1900' gain, steep class 3. Applicants submit SC#, climbing resume, email/sase, H&W phones, rideshare info to Ldr: Brad Hinkle. Asst: Patty Rambert.

Training Opportunities

Most WTC students will find these trips within their abilities.

September 26 / Sun **LTC, WTC**
I / Grinnell Ridge

Navigation Noodle in San Bernardino National Forest for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. To receive homework assignment, send sase, navigation experience/training, any WTC. Ldr: Harry Freimanis Asst: Bob Bradshaw

October 2 / Sat **LTC**
Deadline for Leadership Training Seminar

Become a qualified Sierra Club leader! Last day for receipt of application and payment by LTC Registrar for enrollment in Oct 16 Seminar. TBD location. Next Seminar is Spring 2005. See application on LTC web site: <http://angeles.sierraclub.org/ltc> Registrar: Steve Botan.

October 16 / Sat **LTC**
Leadership Training Seminar

Become a qualified Sierra Club leader! TBD location. See application on LTC web site: <http://angeles.sierraclub.org/ltc> Deadline for application submittal is two weeks prior to seminar date. Registrar: Steve Botan.

October 24 / Sun **LTC, WTC**
I/M / Sheep Pass Navigation

Navigation Noodles to satisfy Basic (I/M) level navigation requirements. Practice or checkout. To receive homework assignment, send navigation experience/training, sase to Ldr: Harry Freimanis Asst: Bob Bradshaw

October 29-31 / Fri-Sun **LTC, Harwood, WTC**
C / Wilderness First Aid Course

Runs from 8 am Fri to 5:30 pm Sun. Includes lodging and meals. CPR within previous 2 years required. Satisfies LTC WFA requirement for I, M, and E ratings. \$165 with SC#/\$175 non-member (full refund through) For application, send email/sase to Ldr: Steve Schuster.



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Angeles Chapter of the Sierra Club,
 Wilderness Training Committee, FRIP # 0469



Wilderness First Aid in Action

The 3-day Wilderness First Aid course culminates in the staging of accident scenarios supervised by instructors. It's hard to remember this is only a drill.



photos by Edd Ruskowitz