

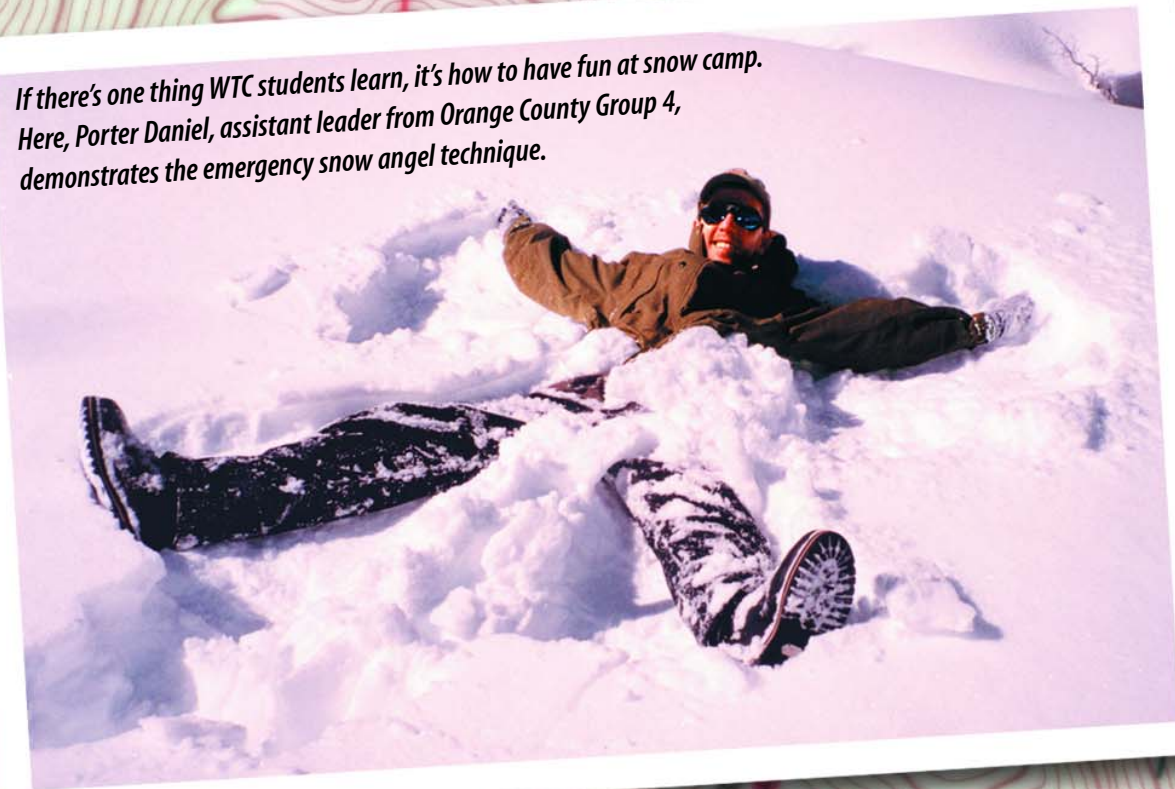


Vol. 13, No. 1 / Winter 2002  
[www.angeleschapter.org/wtc](http://www.angeleschapter.org/wtc)

# Newsletter

Newsletter of the Wilderness Training Committee

*If there's one thing WTC students learn, it's how to have fun at snow camp. Here, Porter Daniel, assistant leader from Orange County Group 4, demonstrates the emergency snow angel technique.*



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# WTC Officers

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PegK@gte.net

# Rewards for a lifetime.

From rock work in Joshua Tree to snowshoeing at snow camp to graduation.



Jolin Gemsch takes her diploma and runs. O.C.'s Ken Wagner cheers her on.

Joe Foremski gives students a crack at a crack

Fun in snow camp

*The WTC Newsletter is published quarterly for students and staff of the Wilderness Training Committee and delivered via U.S. Mail or distributed at class sites. The WTC Newsletter is also available in color at the WTC website – [www.angeleschapter.org/wtc](http://www.angeleschapter.org/wtc) – as a download in PDF format. All questions, copy and photo submissions should be directed to Edd Ruskowitz, WTC Newsletter editor at (714) 771-6710.*

**Winter issue / mailed December 15**  
**Spring issue / distributed at final class in March**  
**Summer issue / mailed June 15**  
**Fall issue / mailed September 15**

## Headline Deadlines

**Absolute deadlines for submitting outings**

**For publication in the Spring WTC Newsletter:**

- January 18** Last day to submit restricted outings to the Outings Chair.
- February 1** Last day to submit non-restricted outings to Area Outings Coordinators.
- February 8** Last day for Outings Coordinators to submit write-ups to the Outings Chair.
- February 15** Last day for all WTC Newsletter submissions.

**For publication in the July 5 thru October 31, 2002 Angeles Chapter Schedule:**

- February 18** Last day to submit both restricted and non-restricted outings to the Area Outings Coordinators.
- February 25** Last day for Outings Coordinators to submit write-ups to the Outings Chair.

# January Conditioning Hikes

Staying in shape over the winter? Of course you are! But just to make sure, here are some great opportunities waiting for your eager soles. In addition you'll find an avalanche of weekly conditioning hikes at: <http://abw1.com/angelestrips/rtrips.htm> and <http://angeleschapter.org/ocss/cndition.htm>

## January 12 / Sat

### Hundred Peaks, OCSS, WTC

#### I / Mount Emma (5273'), Old Mt Emma (5063'), Cole Point (5604')

Three lovely peaks to climb in mid-winter. Great Antelope Valley views. Prospective WTC students welcome as a pre-conditioning hike. Approx. 11 mi rt with 2500' gain. Meet 7:00 am La Canada rideshare pt. Bring 3 liters water, lunch, mandatory lugsoles, 10 essentials. Rain cancels. Co-leaders: Cheryl Gill & Luella Fickle.

## January 19 / Sat

### Long Beach

#### O / Mt. Lowe Railway Loop Tour

This lovely, historic hike takes you from Altadena to Echo Mtn. See the old railway bed, Mt. Lowe trail Camp, Inspiration Point, Castle canyon, and hike back to Echo Mtn. and Altadena: 12 mi rtr, 2800' gain. Bring water, lugs, lunch. Meet LB carpool pt 8 am, or end of Lake Ave in Altadena at 9 am. Leader: John Hinz. Co-Leader: Diane Gates

## January 20 / Sun

### Hundred Peaks

#### O / Mount Wilson (5710')

Moderately paced, 15 miles round trip, 4500' gain trail hike up the historic Mount Wilson Trail from Sierra Madre. Meet 7:30 a.m. at the trailhead (Mira Monte Ave east of Baldwin in Sierra Madre). Bring at least 3 liters water, lunch, other 8 essentials. Rain cancels. Leader: Sandy Burnside Assistant: George Wysup

## January 26 / Sat

### WTC

#### I / Pre-conditioning Hike, Boney Ridge, Sandstone Peak (3111')

Get in shape for WTC and enjoy beautiful views from the high point of the Santa Monica Mtns, Sandstone Pk. Moderately fast paced 11 mi, 2100 gain. WTC graduates are also invited: see old friends and encourage new students! Meet 7 am at either Malibu rideshare or Woodland Hills rideshare. Bring 3 liters water, raingear, long pants for brush, lugsoles, lunch. Co-leaders: Will McWhinney, Garen Yegparian.

## January 27 / Sun

### Hundred Peaks, K-9 Committee

#### O / Mount Lukens (5074') From Highway 2

Moderate hike, moderate pace 10 miles round trip, 2600' gain, mainly on road. Enjoy cool conditions on this trip to the highest point in the City of Los Angeles. Great views, good companions. Meet 8:00 a.m. La Cañada ride share point. Bring sturdy footwear, lunch, and water for you and your canine friends. Rain cancels. Leader: Maggie Wilson Assistant: Virgil Popescu

## January 27 / Sun

### Wilderness Adventures

#### O / Rocky Pk (2714'), Santa Susana Mtns

Stretch your legs before the Superbowl on moderately-paced 7 mi, 1400' gain hike to peak amongst 65 million year old sandstone outcroppings. Meet 8 am trailhead (from 118 Fwy in Simi Valley, exit on Yosemite Ave, head N to Flanagan Dr, turn R, drive to end and park). Bring water, snack, lugsoles, jacket. Rain cancels. Leaders: Jason Lynch, Andrea Leigh

# Outings Leader Directory

Please see Outings Leader Directory on page 3 of the WTC Newsletter print version for SASE and contact information

# Training Opportunities

These trips do not qualify for WTC graduation requirements.

**April 20-21 / Sat-Sun**

**LTC, WTC**

## I / Indian Cove Navigation

Navigation noodles to satisfy basic (I/M) level navigation requirements. Sat for practice, skills refresh, altimeter, campfire. Sun for checkout. To receive homework assignment send navigation experience/training, rideshare info, H&W phones, email address and sase to Leader: Harry Freimanis. Asst: Bob Bradshaw

**May 19 / Sun**

**LTC, WTC**

## I / Grinnell Ridge Navigation

Nav Noodle in San Bernardino Natl Forest for either checkout or practice to satisfy both basic (I/M) or advanced (E) level nav reqs. To rec homework assign, send sase w/nav experience/training, rideshare info, H & W phones, email address to Leader: Harry Freimanis. Asst: Bob Bradshaw

# Student Experience Trip

Only one experience trip this schedule, but it's a good one!  
This one counts toward graduation.

**May 18-19 / Sat-Sun**

**WTC, Hundred Peaks**

## I / Grinnell Mtn (10,284'), Lake Pk (10,161'), Charlton Pk (10,806'), San Gorgonio Mtn (11,499'), San Bernadino Pk (10,649') plus others

Traverse the San Gorgonio high country from Fish Crk to Angelus Oaks in this early season backpack. Sat set up car shuttle, start with Grinnell and Lake Pk, then San Gorgonio and Charlton and on to camp at High Meadow Spring, 14 mi, 4000' gain for the day, some xc. Sun hike along high ridge and grab peaks on the way to San Bernadino Pk before descending, 12 mi, little elevation gain. Strenuous days at a moderate pace. Jepson (11,205'), Anderson (10,840'), Shields (10,680'), San Bernadino East (10,691) are possible options. Scattered snow may affect plans. Send sase with e-mail, h&w phones, conditioning and experience, rideshare info to Ldr: Scott Nelson. Asst: Beth Epstein

# Outings for Leaders

This trip does not qualify for WTC graduation requirements.

**March 16-17 / Sat-Sun**

**Desert Peaks/WTC**

## M / New York Mtn (7532'), Clark Mtn (7907')

Join us for a fun weekend in the Mojave National Preserve. Restricted trip - Sierra Club members only. Sat climb New York Mtn 4 miles rt, 2000' gain, class 3 crack. Happy hour & campfire. Sun climb Clark Mtn 2 miles rt, 1900' gain, steep class 3. Applicants submit Sierra Club # with resume/sase or e-mail, H&W phones, rideshare information to Leader: Patty Rambert. Assist: Tony Pond

# Advanced Leader Training

The Angeles Chapter of the Sierra Club is offering the Mountaineering Leadership Course in spring 2002 for people seeking advanced leadership ratings. The four-weekend class costs \$100 and covers basics of leading groups over rock and snow with ropes, ice ax and other protective gear. All students must be club members with prior experience on rock and snow.

For information visit the Leadership Training Committee Web site ([www.angeleschapter.org/ltc](http://www.angeleschapter.org/ltc)) or send a sase to MLC coordinator Ron Campbell. Apply by March 31.



*“To explore, enjoy,  
and protect the wild  
places of the earth;  
to practice and  
promote the  
responsible use of  
the earth’s ecosystem  
and resources;  
to educate and  
enlist humanity to  
protect and restore  
the quality of the  
natural and human  
environment...”*



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CLUB**

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M E M B E R S H I P

Name \_\_\_\_\_

Address \_\_\_\_\_

City & State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (optional) \_\_\_\_\_

Email (optional) \_\_\_\_\_

**Membership Categories**

**Individual**

**Joint**

Introductory	<input type="checkbox"/> \$25	
Regular	<input type="checkbox"/> \$39	<input type="checkbox"/> \$47
Supporting	<input type="checkbox"/> \$75	<input type="checkbox"/> \$100
Contributing	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
Life	<input type="checkbox"/> \$1,000	<input type="checkbox"/> \$1,250
Senior	<input type="checkbox"/> \$24	<input type="checkbox"/> \$32
Student	<input type="checkbox"/> \$24	<input type="checkbox"/> \$32
Limited Income	<input type="checkbox"/> \$24	<input type="checkbox"/> \$32

Check enclosed, made payable to **Sierra Club**

Please charge my  MasterCard  Visa

Cardholder name \_\_\_\_\_

Card number \_\_\_\_\_

Expiration date \_\_\_\_\_

Contributions, gifts, or dues to the Sierra Club are not tax deductible; they support our effective, citizen-based advocacy and lobbying efforts. Your dues include \$7.50 for a subscription to Sierra magazine and \$1.00 for your Chapter Newsletter.

Please mail this form to

**Sierra Club**  
P.O. Box 52968  
Boulder, CA 80322-2968



Angeles Chapter of the Sierra Club,  
Wilderness Training Committee, FRIP # 0469

It's HERE!

# WTC Garage Sale

Beginning with this issue of the WTC Newsletter we're running a new feature where gear-heavy WTCers can advertise tents, packs, boots, jackets — any WTC related outdoor item a fellow student or leader might need. And the best part is it's **free**, so long as you're WTC staff, a student or graduate. This issue will be distributed at each area's first meeting in January, giving new students the opportunity to maximize their gear budget (at least for those who have one). **The deadline for the Spring issue is February 15.** Ads should be emailed to [hikinedd@yahoo.com](mailto:hikinedd@yahoo.com)

If you have any questions call Edd Ruskowitz, WTC Newsletter editor, at (714) 771-6710. We reserve the right to refuse publication of any ad we deem offensive, inappropriate or falls outside the guidelines previously mentioned.



- Sleeping bag -40 degrees F (?), large, custom-made with Marmot down, used approx. 3 times. \$300. Call Tracy at (310) 482-5316
- Patagonia Pneumatic Pullover - Windproof, super-breathable and water-resistant treated with a DWR (durable water repellent) finish. Great shell pullover, Size - Unisex Medium, Color - Sunflower/Deep Purple, weight - 9 oz., NEW (tag attached), Retail \$135, offered at \$65. 949-300-5487
- Patagonia Classic Retro Cardigan - Pile Jacket with full zip front, windproof and warm. Size - Unisex Medium, Color - Royal Blue, weight - 27 oz., like new, Retail \$169, offered at \$60. 949-300-5487
- SCARPA Climbing Shoes - Basic high top climbing shoes. Size - European 36 (approx. women's 6), Color - Green with purple laces, Soles - in like new condition (used twice). Retail \$120, offered at \$35. 949-300-5487
- Koflach Viva-Soft plastic boots - mens size 10. Hardly used - asking \$90 obo. Call Brad at (949)495-1469.
- North Face Mountain Mountain 24 Four season tent. Used 3 times. 34 sq. ft. Large vestibule. Comes with footprint. Over \$450.00 new. Asking \$275 obo. Call Brad at (949)495-1469.
- Princeton Tec Vortec Headlamp. Brand new waterproof headlamp with 2 pre-focused reflectors for narrow or wide light beam. Comes in fleece storage bag. Never used - I have three other headlamps. Retail \$36, asking \$20. Contact: Marnie (949) 495-5272
- Lowa Trekker Boots, Womens 9/Mens 8. Sturdy heavy leather hiking boots, water resistant with vibram soles. I bought at A16 attic and only used three times - low volume boot didn't fit right. Retail \$225, I paid \$112, asking \$65. Contact Marnie (949) 495-5272
- REI Newstar, internal frame backpack. 4600 cu.in., 5 lbs. 6 oz. Green and black, size - Regular, adjustable torso length. Bought in 1998, used in 3 snow camps and several summer trips. \$40. Contact: Ed Morente, Orange County WTC, edwingnut@hotmail.com, (310) 513-6173
- Sierra Designs Polaris Tent. Large 2 man tent, 3/4 season, blue, good condition, \$120. John Paterson, paterson@jps.net, (858) 385-0718
- Kelty "Domolite Mountaineer 2" backpacking tent with ground sheet. Two person tent. 6lb 4 oz. 93" length 58" width 48" height -- 37.5 sq ft. Color yellow & gray. Excellent condition. Retail \$225. Offered at \$95.00. Chip Dever 949.786.8244
- NORTH FACE VE-25 FOUR SEASON TENT The Classic expedition tent for winter camps. 3 person size or 2 with lots of room for gear, 2 doors with 2 vestibules. Front vestibule with poles and rear stake-out vestibule. Color coded tape on fly seams. Used on 1 trip. Retail at \$499.00. Offered at \$295.00 Call Nile - (714) 996-5683
- KELTY RADIAL SHERPA EXPEDITION PACK Great Pack for Extended Trips or Snow Trips w\ gear. Adjustable Harness System for Long/Short Torso's. Large Hip belt for Big Loads. 7000 cu in. Separate Sleeping Bag Compartment. Many Exterior Attachment Locations \$95.00 Call Nile - (714) 996-5683

- 4 Season Geodesic Dome Tent- JanSport Sherpa Dome. 2 Doors, Vestibules, 8 Lbs. Excellent condition. Retail \$220; for You \$110.00 Call Scott Nelson 626-403-7177. or NlsScott@aol.com.
- 12pt. Crampons W/Straps. Charlot Moser "Super 12" Hinged Design, Neoprene Straps for General Mountaineering. Used Once. Men's Size. Retail \$105. Sell- \$50. Call Scott Nelson 626-403-7177or NlsScott@aol.com
- REI Polarguard Vest, Men's Med., Purple, Nice and Warm. \$20. Call Scott Nelson 626-403-7177 or NlsScott@aol.com
- Boots: La Sportiva Makalu mountaineering boots, size 40 (approx wmn's 8). Worn 12 times but still need breaking in. Vibram soles, full shank, step-in crampon ready. \$40. Call Anne Marie 900-621-2812.
- Boots: Vasque Alpine mountaineering boots, women's size 8-1/2 M. New in box (never worn and need breaking in). Vibram soles, brown nubuck, gortex, step-in crampon ready. \$75. Call Anne Marie 909-621-2812.
- Boots: Vasque Alpine mountaineering boots, women's size 8 M. New in box (never worn and need breaking in). Vibram soles, brown nubuck, gortex, step-in crampon ready. \$75. Call Anne Marie 909-621-2812.
- Boots: Montrail Skyline, men's size 11-1/2. New in box w/tags. Brown/green. \$40. Call Matthew 909-621-2812.
- Pants: Thick wool, size 31x30. Army surplus gray/green. Perfect cond. \$15. Call Anne Marie 909-621-2812.
- Sweater: Wool, size M (unisex?). REI, Henley, forest green, new, \$10. Call Anne Marie 909-621-2812
- Triple-ply Gortex, full-zip shell pants by Marmot. Size - women's medium, color - black. Never worn!!! Retail for \$239, your price \$110. Gaby Valensi, 310.471.6893
- North Face yellow 0 degree sleeping bag, regular in length. Went to Mt. Everest Base camp and Kilimanjaro! Retail \$165, offer \$80! Please call Lynn Heath at 714-893-2986 or lynnrheath@juno.com.
- Whisper lite Internationale stove in great condition with instruction book! Cooking pan and lid along with MSR 11 fl. oz/325 ml. included. Retail \$100, offer \$25. Please call Lynn Heath at 714-893-2986 or lynnrheath@juno.com.
- Three-season, two-person A-frame tent with two rain flies. Condition is fair: \$40 Contact: JOE "all-sales-are-final" FOREMSKI (Orange County WTC Group II) at 562-413-3178.
- One pair, size 10.5-US Raichle winter boots. Vibram soles, full-grain leather, full steel shank. Condition is fair. These are THE boots for snow camp: \$25. Just try renting them for that price. Contact: JOE "all-sales-are-final" FOREMSKI (Orange County WTC Group II) at 562-413-3178.
- One Coleman Feather-400 white gas backpackers stove. Condition is very good: \$20. Contact: JOE "all-sales-are-final" FOREMSKI (Orange County WTC Group II) at 562-413-3178.
- One pair Black Diamond hiking poles. Condition is fair: \$20. Contact: JOE "all-sales-are-final" FOREMSKI (Orange County WTC Group II) at 562-413-3178.
- Set of stainless steel cookware pots with lids. Condition is good: \$20. Contact: JOE "all-sales-are-final" FOREMSKI (Orange County WTC Group II) at 562-413-3178.
- MSR Whisperlite Shaker-jet Stove with carrying case. Condition is excellent: \$20. Contact: JOE "all-sales-are-final" FOREMSKI (Orange County WTC Group II) at 562-413-3178.
- Patagonia Drop Seat Women's pants- gortex, 2 layer, Size- 8 women's, runs small, fits a jean size 4-6 Color - Maroon, wore one season, Retail \$289, offered at \$50. Added grommets for pant stabilizers for ice climbing. Sharon Evans 818-907-7894
- Montrail Mountaineering Boots - Size 7 1/2 women's. Very Good condition, only used 80 miles. Leather, 1/2 steel shank. Crampon compatible. Great for heavy pack hiking or ice climbing activities. Retail - \$329, offered at \$85 Sharon Evans 818-907-7894
- North Face Aerohead tent with fly, 4 season 2 person, 6 lb 13 oz, excellent condition, \$120, 714-526-6108
- Marmot DriClima Windshirt (NEW) -- Women's Large, Eggplant (purple) / Black. Extremely versatile and indispensable outer layer or insulating layer. Retail \$125.00, Sale \$75.00 Contact David A. Coplen coplend@howrey.com 213-892-2502
- Marmot Eco Fleece Sweater (NEW) -- Women's Large, Marigold (w/ pit zips, zippered handwarmer pockets, lycra hem and armholes). Retail \$119.00, Sale \$65.00 Contact David A. Coplen coplend@howrey.com 213-892-2502
- Marmot Eco Fleece Sweater (NEW) - Men's Small, Marigold (w/ pit zips, zippered handwarmer pockets, lycra hem and armholes). Retail \$119.00, Sale \$65.00 Contact David A. Coplen coplend@howrey.com 213-892-2502
- Moonstone Cirrus Pullover (NEW) -- Men's Small, Steel Grey ("Synthetic Down" consisting of Thermolite Micro Insulation will keep you warm during snow camp even if it gets damp). Retail \$135.00, Sale \$80.00 Contact David A. Coplen coplend@howrey.com 213-892-2502
- Black Diamond Verglas Shell Gloves (NEW) -- Men's Small, Red (Versatile shell for spring snow travel in moderate temperatures, excellent dexterity). Retail \$35.00, Sale \$18.00 Contact David A. Coplen coplend@howrey.com 213-892-2502
- Marmot Pile Liner Gloves (New) -- Men's Small, grey (Fits inside shell gloves, or has gripper palm and thumb for use alone in non-wet conditions). Retail \$20.00, Sale \$10.00 Contact David A. Coplen coplend@howrey.com 213-892-2502 Contact David A. Coplen coplend@howrey.com 213-892-2502
- Asolo hiking boots — Womens size 8 - like new - newbuck finish. \$45 714-771-6958.

**The deadline to submit ads for the Spring issue is February 15.** Ads should be emailed to [hikedd@yahoo.com](mailto:hikedd@yahoo.com) If you have any questions call Edd Ruskowitz, WTC Newsletter editor, at (714) 771-6710.



WTC Tees feature our logo screened on upper left front of the shirt with our WTC graphic screened on the back.

The T-shirt itself is an Ash colored, 100% cotton, Hanes Beefy Tee, and is available in all sizes. Although they are preshrunk, they do shrink a bit if washed in hot water & dried in a hot dryer.

To order, send a check made payable to "Wilderness Travel Course" in the amount of \$15.00 + \$3.20 (for shipping and handling) for each shirt (\$18.20 total) to:

**WTC Tees, P.O. Box 830, Laguna Beach, CA 92652.**

Please specify the desired size (S, M, L, XL, or XXL).

Sorry, not suitable for snow camp.

**Students Only:** get a FREE WTC Tee if the WTC Newsletter publishes your story or photo. Call the Newsletter editor, Edd Ruskowitz, at (714) 771-6710 for more info.

**Registration 2002** Print an application from our website: [www.angeles.sierraclub.org/wtc](http://www.angeles.sierraclub.org/wtc) or use this application. Mail your application and course fees to: **Maria Montag, WTC Registrar, P.O. Box 1643, El Segundo, CA 90245.** For more info call (310) 967-2029 or email [wtcregistrat@angeles.sierraclub.org](mailto:wtcregistrat@angeles.sierraclub.org)

**2002 WTC Course Application** *Reserve your space — apply today!*

Check location preference:

Long Beach     San Gabriel Valley     Orange County     West L.A.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone / Eve \_\_\_\_\_ Day \_\_\_\_\_

Email \_\_\_\_\_

How did you hear about WTC? \_\_\_\_\_

I'm registering with a friend or group and want to be assigned to the same group as \_\_\_\_\_

who is  an instructor /  a co-applicant

*Students must be at least 14 years old. Students under 18 years old must be accompanied by a parent or legal guardian throughout the entire course.*

*For more information about gear and conditioning requirements, check our website or call the info line at (310) 967-2029.*

**Withdrawal from course**

Students withdrawing from WTC are entitled to (1) a full refund (less a \$10.00 service charge) up to 10 days before Lecture One; (2) a 75% refund within 9 days of Lecture One; (3) and a 50% refund prior to Lecture Four. No refunds made after Lecture Four. Refunds for the required text made only if you've not received the book.

**Course Fees**

**Sierra Club member** \$190

Sierra Club membership no. \_\_\_\_\_

or application date \_\_\_\_\_

**Non-member** \$205

Required text

"Freedom of the Hills" 6th edition    prepaid \$21   
at the door \$24

**Total** \$ \_\_\_\_\_

*Make checks payable to WTC*

See page 6  
**Garage Sale!**  
**WTC**  
**NEW!**



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