

## 2011 WTC SCHEDULE

**SGV:** San Gabriel Valley - classes meet Tuesdays

**WLA:** West Los Angeles - classes meet Wednesdays

**OC:** Orange County - classes meet Tuesdays

**LBSB:** Long Beach South Bay - classes meet Wednesdays

**Note: Freedom of the Hills book will change from 7 to 8 for 2011**

	DATE	ACTIVITY	ASSIGNMENTS
<b>CLASS 1</b>	SGV 1/04/2011 WLA 1/12/2011 OC 1/18/2011 LBSB 1/26/2011	6:15 – Registration 7:30 – Intro <b>7:50 – Conditioning Lecture</b> 8:55 – Groups: Ten Essentials, Intro, boots, conditioning	<b>Assignments to be completed before each class.</b>  <b>NOTE: based on FOH7</b>  WTC = Student Handbook FOH - Freedom of the Hills, 7 <sup>th</sup> edition
<b>CLASS 2</b>	SGV 1/11/2011 WLA 1/19/2011 OC 1/25/2011 LBSB 2/02/2011	7:30 – Announcements <b>7:40 – Clothing</b> 8:25 – Groups: Equipment, clothing, compass intro.	<b>Reading:</b> WTC: Intro, Chapters 1 & 2 FOH: 14–42, 78–81  <b>Homework:</b> WTC: 1-6
<b>CLASS 3</b>	SGV 1/18/2011 WLA 1/26/2011 OC 2/01/2011 LBSB 2/09/2011	7:30 – Announcements <b>7:40 – Navigation</b> 8:25 – Groups: Navigation	<b>Reading:</b> WTC: Chapter 3 FOH: 82–110  <b>Homework:</b> WTC: 2-5
<b>TRIP 1</b>	SGV 1/22 or 1/23/2011 WLA 1/29 or 1/30/2011 OC 2/05 or 2/06/2011 LBSB 2/12 or 2/13/2011	<b>Conditioning Hike</b>  (Saturday <b>or</b> Sunday) Check with Group Leader	<b>Reading:</b> WTC: ix, xi–xii  <b>Homework:</b>  Trail profile of trip (See WTC 3-10 & 3-11)
<b>CLASS 4</b>	SGV 1/25/2011 WLA 2/02/2011 OC 2/08/2011 LBSB 2/16/2011	7:30 – Announcements <b>7:40 – Mountain Travel</b> 8:25 – Groups: Tents, sleeping bags, stoves Navigation	<b>Reading:</b> WTC: Chapter 4 FOH: 43–51, 60–67, 111–120, 208–235, 549–556  <b>Homework:</b> WTC: 3-19
<b>CLASS 5</b>	SGV 2/01/2011 WLA 2/09/2011 OC 2/15/2011 LBSB 2/23/2011	7:30 – Announcements <b>7:40 – Environmental Awareness</b> 8:25 – Groups: Navigation, prep for Trip 2	<b>Reading:</b> WTC: Chapter 5 FOH: 516–524, 537–547, 121– 133  <b>Homework:</b> WTC: 3-20

**Holidays during WTC course:**

Martin Luther King Day - Jan 17

Presidents' Day - Feb 21

Daylight Savings Begins – Mar 13

<b>TRIP 2</b>	SGV 2/05-2/06/2011 WLA 2/12-2/13/2011 OC 2/19-2/20/2011 LBSB 2/26-2/27/2011	<b>Cross-Country Travel/Navigation</b>  Buses leave <b>EARLY</b> Saturday, return Sunday evening.	<b>Reading:</b> WTC: xiii–xiv
<b>CLASS 6</b>	SGV 2/08/2011 WLA 2/16/2011 OC 2/22/2011 LBSB 3/02/2011	7:30 – Announcements <b>7:40 – Snow Travel</b> 8:35 – Groups: Winter gear, backpacks	<b>Reading:</b> WTC: Chapter 6 FOH: 51–60, 338–359, 525–536  <b>Homework:</b> WTC: 5-4
<b>CLASS 7</b>	SGV 2/15/2011 WLA 2/23/2011 OC 3/01/2011 LBSB 3/09/2011	7:30 – Announcements <b>7:40 – Wilderness First Aid</b> 8:35 – Groups: First aid kits	<b>Reading:</b> WTC: Chapter 7 FOH: 477–494
<b>TRIP 3</b>	SGV 2/19 or 2/20/2011 WLA 2/26 or 2/27/2011 OC 3/05 or 3/06/2011 LBSB 3/12 or 3/13/2011	<b>Snow Travel</b>  (Saturday <b>or</b> Sunday) Check with Group Leader	<b>Reading:</b> WTC: xv–xvi
<b>CLASS 8</b>	SGV 2/22/2011 WLA 3/02/2011 OC 3/08/2011 LBSB 3/16/2011	7:30 – Announcements <b>7:40 – Nutrition</b> 8:25 – Groups: Water filters, trip planning	<b>Reading:</b> WTC: Chapter 8, 10-4–10-6 FOH: 67–77, 315–317  <b>Homework:</b> WTC: 7-10
<b>CLASS 9</b>	SGV 3/01/2011 WLA 3/09/2011 OC 3/15/2011 LBSB 3/23/2011	7:30 – Announcements <b>7:40 – Mountain Safety</b> 8:25 – Groups: Snow camp, backpacking	<b>Reading:</b> WTC: Chapter 9 FOH: 460–476, 495–498  <b>Homework:</b> WTC: 8-9
<b>TRIP 4</b>	SGV 3/04 - 3/06/2011 WLA 3/11 - 3/13/2011 OC 3/18- 3/20/2011 LBSB 3/25 - 3/27/2011	<b>Snow Camp</b>  A 3-day trip. Buses leave Friday morning; return late Sunday night.	<b>Reading:</b> WTC: xvii–xviii
<b>CLASS 10</b>	SGV 3/08/2011 WLA 3/16/2011 OC 3/22/2011 LBSB 3/30/2011	7:30 – Announcements <b>7:40 – Course Review</b> 8:35 – Groups: Final exam	<b>Reading:</b> WTC: Chapter 10 FOH: 558–563

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