

Newsletter

Welcome Earthlings

2011 WTC/OC Student Lynne Berens
gettin' comfy at Snow Camp



PHOTO BY EDD RUSKOWITZ

Welcome

to the Wilderness Travel Course Class of 2013

I think we all know the earth wins out in the end. We've seen evidence of ancient civilizations, buried beneath Mother Nature's last word. We've witnessed her untimely reminders, from Mt. St. Helens to the devastating forest fires and hurricanes – to the quick and effortless wrath of Asia's tsunamis. Despite our desire to control everything within our senses, the earth is

“Step into the wilderness and you’ve stepped into a time machine.”

always in charge. Dams will break, buildings will fall and nature will reclaim herself.

One might look at old city photos and think, “Wow, it sure looked different in those days.” But look in the photo again — at the mountains, the trees, the animals and the sky. For those, nothing's changed. Step into the wilderness and you've stepped into a time machine: everything you see is identical to what your ancestors saw.

A lush forest doesn't mind a fire; the trees will come back in 10, 20, maybe 50 years. But we might not. So we form groups like the Sierra Club to try and preserve that which nature will allow for our lifetimes and our children's lifetimes.

As a training arm of the Sierra Club, the Wilderness Travel Course will teach you that, by insulating yourself from the elements, you're robbing yourself of the oldest relationship man has. Teddy Roosevelt felt deeply enough to establish the National Parks System. Indeed, the Bible says we're to be stewards of the earth. WTC will teach you the skills to be comfortable and to weather the wilderness. Nature will teach you why those skills can change your life for the better... and for good.

Welcome to WTC, where your eyes will be opened and your feet may be sore (pay attention to the boot lecture to placate your

piggies). A good deal of this course will emphasize help over hinder. You'll learn which clothes will warm you, which boots support you and what food will sustain you. You'll learn to look at a map and see paths where there are no roads, to use a direction finding device that requires no batteries, and to release abilities in yourself that know no bounds.

Of course you'll also learn how to dig a snow cave, friction a slab, divine squiggle and take a split. You'll learn to carry more (stuff) while carrying less (weight), that canteens went out with the cavalry and that there is such a thing as too much food. You'll learn to layer, edge, plunge-step and kick-step; you'll learn to get high, but that too high may cause drowsiness, AMS, HAPE or HACE (not a very good time to be operating heavy machinery). You'll learn why the Atkins diet is not a hiking diet and you'll learn that cotton kills.

But the best, life-changing part of WTC? You'll make new friends (yeah, it's one of our sound bites, but it's true). Bonds and carpools will form, and you'll be one with the world's oldest G-rated recreation: you'll walk the earth. Side effects include tree hugging, disdain for “private property” signs and a strengthened heart – physically and emotionally.

There's a reason WTC Newsletter cover photos include people. The Wilderness Travel Course is all about people. It's the portal through which the vague and the oblivious discover what's always been. It's like walking down a street that, for years, you've only driven.

So, walk on. Stop (smell flowers). Have fun and welcome nature with open fleece and sticky soles. Know you'll forever look back on WTC as the beginning of some of the best times of your life.

— Edd Ruskowitz, Editor



Orange County WTC Kaweah Group duke it out at South Lake

PHOTO BY MATT HENGST



Lots to see on the Twenty Lakes Basin experience trip led by West LA instructor Jane Simpson

PHOTO BY JANE SIMPSON

HEADLINE DEADLINES

For publication in the Spring 2013 WTC Newsletter: **February 15**

For publication in the Summer 2013 WTC Newsletter: **May 17**

These are the last days for outings to be submitted to the WTC Outings Chair. Provisional trips and leaders should already have an LTC review. Restricted trips should prepare a Mountaineering Application.

OUTINGS

Liability Waiver Notice To participate in a Sierra Club outing, you will need to sign a liability waiver. To see a copy of this waiver prior to attending the outing, please see www.sierraclub.org/outings/chapter/forms, or contact the outings department at (415) 977-5528 for a printed version.

Transportation Notice In the interests of facilitating the logistics of some outings, it is customary that participants make voluntary carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride sharing or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

California Sellers of Travel Disclaimer: CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

The WTC newsletter is published quarterly for students and staff of the Wilderness Training Committee and is distributed at class sites. It is also available at WildernessTravelCourse.org as a download in PDF format. All questions, copy and photo submissions should be directed to Edd Ruskowitz, WTC Newsletter Editor, at hikinedd@yahoo.com

WTC Info Line: (310) 967-2029

On the Cover 2011 WTC Orange County student Lynne Berens bundles up for Snow Camp at South Lake in the Eastern Sierra. Photo by Edd Ruskowitz.

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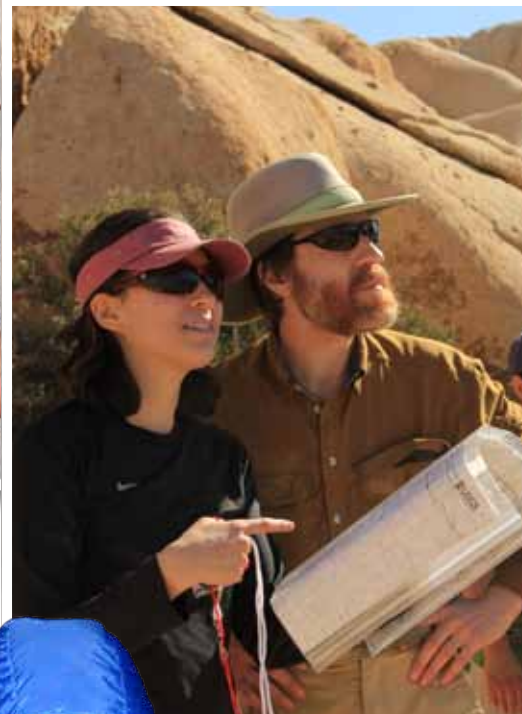




ABOVE Stephanie Smith and Margaret Carroll hard at work (on a tan) at Pear Lake, Sequoia National Park during their Alta Peak climb.

BELOW LBSB Group 3 Snow Camp, Saturday Night: Susie Change, Neal Robbins, Stephanie Smith, Dave Chapman, & Wendy Rupp. Photos from Neal Robbins.

BELOW WLA's Daniel Kinzek offers navigational instruction to a WLA student at Joshua Tree. Photo by Jane Simpson



PEAK 4377' WTC/OC students and instructors about to elevate in a chimney (right) on the way to the top of Peak 4377' in Joshua Tree (below). This was the final year horses were allowed to enroll in WTC. Photos by Matt Hengst.



extra curricular

WTC introduces its students to the elements, the terrain, the great outdoors – and teaches you how to be comfortable in the wilderness. But for some, WTC is just the beginning.

Opportunities to expand and enhance your abilities are offered at the conclusion of the course by experts on both rock and snow... complete with a WTC discount, of course.

Vertical Adventures takes you beyond your WTC rock scrambling experience to a world of belaying and rappelling with ropes, knots, harnesses and anchors. For the snowbound, Sierra Mountaineering International (SMI) offers instruction in ice axe self arrest, cramponing and rope travel on snow. There's an optional class in snow anchors and crevasse rescue.

Interested? Hold the dates. SMI's Basic Snow Travel School is Saturday, April 20. Snow anchors and crevasse rescue are offered the following day, Sunday, April 21. Rock climbing instruction from Vertical Adventures takes place Saturday and Sunday, May 4 and 5, 2013 in Joshua Tree.

Ask your WTC instructors about these post-course classes. Additionally you can go to www.sierramountaineering.com and www.verticaladventures.com.



Outings

The outings published in this newsletter are sponsored by a variety of Sierra Club groups and sections. As a WTC student, your training places you in good standing with other groups and sections of the Angeles Chapter of the Sierra Club who welcome your participation in their outings. For a full listing see the Chapter's Schedule of Activities or go to angeles.sierraclub.org

ET WTC Experience Trip Trips that qualify as WTC experience trips.

TI Trip of Interest Outings of interest do not qualify as WTC experience trips, but can be... well, very interesting.

TR Training Opportunity WTC students should find many of these trips within their abilities.

MT Mountaineering Technically challenging, typically not suited to WTC students. Strong students with prior mountaineering experience may qualify.

January 5-6 | Sat-Sun LTC, WTC, HPS, DPS, SPS

TR I Indian Cove Navigation

Navigation noodle at Joshua Tree National Park to satisfy the Basic (I/M) level navigation requirements. Sat for practice, skills refresher, altimeter, homework, campfire. Sun checkout. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Asst: Phil Wheeler

January 12 | Sat

WTC, DPS

MT MR Bridge Mountain (6995')

Join us for a fun New Year's climb on fantastic Red Rock sandstone. We'll start pre-dawn to hike into and climb Bridge Mt. and get back out to cars by sunset. 12 mile total rt, 3100' gain. Must be comfortable on exposed, third-class rock. Helmet and medical form required. Restricted to Sierra Club members. Send email with experience and conditioning to Ldr: Monica Suua (mosuua@gmail.com). Asst Ldr: Eric Scheidemantle.

January 13 | Sun

WTC

TI O Chantry Flats - Zion Trail Loop (3575')

Help clear the hiking cob webs with this easy paced 9.5 mile route, 2247' elevation gain through wooded canyons, a bedrock carving creek, waterfalls, cascades, and a mountain peak. This hike is a wonderful introduction to the San Gabriel Mountains. You'll see the remains of a 1930 era hiking camp, learn about Hoegees and Sturtevant camps and enjoys views of the forest, waterfalls and pools. Meet at 8:00am at trailhead, From the Foothill Freeway (210) in Arcadia, exit on Santa Anita Avenue

and drive six miles north to its end at Chantry Flat. The trail begins across the road from the parking lot (Lat: 34.19672 Lon: -118.0218). Bring ten essentials, lunch, 2 to 3 quarts of water, hiking boots, and an Adventure Pass (or you can purchase at the Ranger Station for \$5 for the day). Heavy Rain cancels. Contact leader via email with rsvp (scubaairpig@yahoo.com). Ldr: Brian Decker. Assistant: David Meltzer

January 19 | Sat

LTC, DPS, SPS, WTC

TR MR Stoney Point Rock Checkout

M level rock checkout for LTC leadership candidates. Restricted to Sierra Club members with technical rock climbing experience. Climbing helmets and harnesses required. Email climbing resume to Ldr: Patrick McKusky. Ass't: Dan Richter

January 19-20 | Sat-Sun

DPS, WTC

TI I 2nd Annual Mustache Mosey: Spirit Mtn (5,639'), McCullough Mtn (7,026')

Join us for the Second Annual Mustache Mosey (featuring mustaches!) After our now legendary trip to Manly & Needle last year we'll spend two days wandering around the desert in the southern tip of Nevada climbing list peaks Spirit (3 mi, 2000' gain) and McCullough (7 mi, 2000'). But that's not all! Sausagefest themed potluck Saturday night! Fake mustaches required! Outlandish costumes strongly encouraged! Sign up NOW! Leaders: "Mighty" Matthew Hengst, "Macho" Jack Kieffer, Adrienne "Don't Call Her A Man or She'll Kick Your But" Benedict.

WAS Wilderness Adventures Section | **PVSB** Palos Verdes South Bay Group | **LB** Long Beach Group | **OCSS** Orange County Sierra Singles | **SPS** Sierra Peaks Section | **HPS** Hundred Peaks Section | **LPC** Lower Peaks Committee | **WTC** Wilderness Travel Committee | **LTC** Leadership Training Committee | **DC** Desert Committee | **NS** Natural Science | **PG** Pasadena Group | **VH** Verdugo Hills | **BC** Backpacking Committee | **MP** Mule Pack

TO RESERVE YOUR PLACE ON AN OUTING, follow the instructions listed in the trip description and provide all the information requested by the leader, typically your name, address, home & work phone numbers, WTC leader's name, the name and date of the outing you wish to join, and your experience and physical conditioning. If a SASE is requested, send a 9.5 x 4 inch self-addressed, stamped envelope (SASE) along with your information. You may also sign up for an outing through the Chapter's new OARS application (see article in this Newsletter).

You may be placed on a waiting list if a trip is full. If your plans change and you need to cancel your reservation, it's very important that you contact the leaders to let them know your revised plans, even if you are on the waiting list.

January 26 | Sat

WTC

TR O Conditioning Hike - Wildwood Canyon Park Trail, Burbank (elevation 2400+)

Moderately strenuous 3.1 mile hike up a razorback, switchback trail which is narrow and no cover of trees. Park in the lot off Harvard Road. Arrive early to park and sign in. Hike begins at 0815. Bring water, snacks, lugsoles, hat, sunglasses and sunscreen. Well-behaved dogs on leash welcome. Leaders - Lydia Leos, Joe Seigl

January 26-27 | Sat-Sun

WTC, DPS

MT MR Clark Mountain (7,900'), New York Mountain High Point (7,330')

Mountaineering outing for Sierra Club members only. Climb two dominant desert peaks in the Mojave National Preserve in the Clark Mountains and the New York Mountains. Saturday climb Clark Mountain, 2.5 miles round trip, 1900' and then have happy hour back at car camp. Saturday night crazy hat contest with prize. Sunday climb to New York Mtn HP, and adjacent New York Peak, 4 miles round trip, 1900'. Helmets, harness and recent 3rd class rock climbing experience required. Send an e-mail with completed medical form, recent experience, conditioning, home & work phone to Leader: Philip Bates, Assistant: Mike Adams.

January 27 | Sun

WTC, LTC, HPS, DPS, SPS

TR I Mt. Pinos Navigation Practice on Snowshoes

Ever wonder what it is like to navigate in snow? Find out on this navigation practice as we take a cross-country route to Mt. Pinos (8831'). 4 mi rt, 700' gain. Snowshoes required. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Co-ldr: Ann Shields

February 2 | Sat

WTC, GLS

TR I Quail Mountain (5813') and Mount Minerva Hoyt (5405')

Two peaks in one day in Joshua Tree National Park. Join us for a strenuous xc route over desert terrain to the top of Quail Mountain and to the newly named Mount Minerva Hoyt. 11miles rt, 2500' gain. Must be comfortable with xc travel. Send hiking resume to Ldr: Anne Mullins (hike2thepeak@gmail.com). Asst: Robert Myers.

February 2 | Sat

LTC

TR M/E-R Advanced Snow Travel

This is an advanced snow travel course which will take place at or around Manker Flats on Mt. Baldy. The workshop is for applicants who are already proficient in the basics of snow travel. It will cover both unprotected and protected rope travel in couloirs and chutes, as well as glacier travel including the use of the Z-pulley. Ldrs: Nile Sorenson and Dan Richter. E-mail Dan Richter with SC#, resume, and phones to (dan@danrichter.com).

February 3 | Sun

WTC

TR O Temescal Pk (2126')

Wilderness Travel Course pre-conditioning hike to the highest peak in Topanga State Park with spectacular views along the way. Moderately paced 8 mi rt, 1100' gain on fireroad and trail. Meet 8:30 a.m. at Trailer Canyon Trailhead: Approx. .5 miles from PCH on Sunset, turn on Palisades Dr. Go to Ver de la

Montura. Turn left then a quick right on Michael Lane. Go about .15 mi. to 1800 Block. Park on trailhead side. Bring 10 Essentials, 1-2 liters of water, and snacks. Rain does not cancel. Leader: Karen Wilson Asst: Ann Pedreschi Shields

February 09 | Sat

LTC, SPS, DPS, HPS

TR M/E-R Snow: Local Baldy Snow Practice

Come review snow climbing, rope travel, ice axe, and snow anchors. Practice your skills or brush up on new techniques. Especially for aspiring M & E leader candidates. Restricted to SC members with prior experience with the ice axe. Lack of snow may cancel. Email SC#, climbing resume, email address, phone # to Ldr: Nile Sorenson. Co-Ldr: Doug Mantle

February 10 | Sun

WTC

TR O Chumash Trail and La Jolla Valley Loop

Enjoy peerless views of the Santa Monica mountains and the Pacific Ocean on this 4.5 mile, 1100' gain trail hike. We'll start with a moderately steep ascent from sea level up the coastal slope on the west flank of Mugu Peak, where we'll learn about the historic Chumash trail. Next we'll loop through the tranquil La Jolla Valley, and return via oceanfront cliffs overlooking sweeping coastal views that include the Channel Islands. (Bring your camera!) This hike will have a relaxed pace, but be prepared for some steep trails. Meet in the La Jolla Valley Loop trailhead parking lot (Chumash Trail) at 9 AM; additional street parking is available on PCH north of the lot. Bring 2 liters of water, lunch, lug soles, hat and layered clothing. Leader: Catherine Bell (daviesdavies@gmail.com), Assistant: Ann Pedreschi Shields (apedreschi@sbcglobal.net)

OARS

A Better Way To Find Sierra Club Events

The Sierra Club has launched a new web page to help you find Sierra Club events and outings. The new site called OARS lets you look for events and outings as a listing, on a map or on a calendar. Search tools allow you to look for things to do within a certain geographic area, on selected dates, by the type of activity, by the leaders and Sierra Club groups involved.

You can visit the site at <http://angeles.sierraclub.org/outings/OARS.asp>. Many events have already been added, and new ones are being added continuously (eventually, this site will list everything found in the Schedule of Activities and the Southern Sierran).

OARS can also be found at the Hundred Peaks Section site (angeles.sierraclub.org/hps/outings.asp) and the WTC site (<http://www.wildernesstravelcourse.org/outings>)

To have your Sierra Club group's events listed on OARS please contact Melody Anderson at melodygrace1@gmail.com or Susan Heitman at susan.heitman@ca.rr.com.

March 30 | Sat**LTC****TR Deadline for Leadership Training Seminar**

Last day for receipt of application and payment by LTC Registrar for April 13 seminar to be held at Eaton Canyon Nature Center, Pasadena. See LTC website (<http://angeles.sierraclub.org/ltc/>) for registration information. Next seminar: October 5, 2013.

April 13-14 | Sat-Sun**WTC****MT MR Charlton Peak (10,806')**

Snow climb via the north couloir to the summit of this beautiful peak in the San Geronio Wilderness. 12 miles round trip, 4000' elevation gain. Restricted to Sierra Club members with ice axe and crampon experience. Helmet, ice axe, and crampons required along with other snow gear. Medical information forms also required. Send contact information, climbing resume, recent conditioning, and altitude experience to Ldr: Robert Myers. Co-Ldr: Virgil Shields.

April 14 | Sat**LTC****TR Leadership Training Seminar**

Become a qualified Sierra Club leader. Seminar at Eaton Canyon Nature Center, Pasadena. For information, see the LTC website (<http://angeles.sierraclub.org/ltc/>). Deadline for receipt of application is March 30. No registration after this date or at the door. Next seminar: October 5, 2013.

April 20-21 | Sat-Sun**LTC, WTC, HPS, DPS, SPS****TR I Warren Point Navigation**

Navigation noodle at Joshua Tree National Park to satisfy the Basic (I/M) level navigation requirements. Sat for practice, skills refresher, altimeter, homework, campfire. Sun checkout. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Asst: Phil Wheeler.

April 24 | Wed**LTC, SPS, DPS, WTC****TR M/E-R AMP (Advanced Mountaineering Program)**

Basic Safety System: First of four climbing workshops open to Sierra Club members with prior roped climbing experience. Today's indoor evening workshop of four hours reviewing ropes, harnesses, helmets and basic climbing gear will take place in Pasadena. As space is limited, priority will be given to participants who commit to all four workshops. Send email or sase, phones, Sierra Club number, resume to Ldr: Dan Richter. Ass't: Patrick McKusky

April 26-28 | Fri-Sun**LTC, Harwood Lodge, WTC****TR C Wilderness First Aid Course**

Runs from 7:30 am Fri to 5 pm Sun. Fee includes lodging, meals and practice first aid kit. Proof of CPR within previous 4 yrs required to enroll. Fee \$210 (full refund through 3/2213). For application send email or sase, to Ldr: Steve Schuster

April 27 | Sat**LTC, SPS, DPS, WTC****TR M/E-R AMP (Advanced Mountaineering Program)**

Belaying: Second of four climbing workshops open to Sierra Club members with prior roped climbing experience. Today, at Stoney Point in Chatsworth, focus is on belaying and principles

of anchor building. As space is limited, priority will be given to participants who commit to all four workshops. Send email or sase, phones, resume to Ldr: Dan Richter. Ass't: Patrick McKusky

April 27-28 | Sat-Sun**WTC****ET I Grinnell Mtn (10284'), Lake Pk (10161'), 10,000 Ft. Ridge (10094')**

13.5 mi. rt, 3350' gain overnight backpack. Climb three local peaks one named for Joseph Grinnell a University of California Zoologist. We'll hike 4.5 mi and set up camp at Fish Creek Saddle. Then climb Grinnell Mtn via xc route and return to camp for a gourmet happy hour. Sunday, take xc route to Lake Pk and 10,000 Ft. Ridge. We will return to the saddle, gather our gear and return to the trailhead. Send email with telephone, recent experience, ride share info to Ldr: Michael Kanne (mkanne04@hotmail.com). Asst: Peter Lara

May 4 | Sat**LTC, WTC, Hundred Peaks****TR I Beginning Navigation Clinic**

Spend the day one-on-one with an instructor, learning/practicing map and compass in our local mountains. Beginners to rusty old-timers welcome and practice is available at all skill levels. Not a checkout, but it will help you prepare. Many expert leaders will attend; many I-rated leaders started here in the past. 4 mi, 500' gain. Send sase, phones, \$25 deposit (Sierra Club, refunded at trailhead) to Ldr: Diane Dunbar. Co-Ldr: Richard Boardman

May 4 | Sat**LTC, SPS, DPS, WTC****TR M/E-R AMP (Advanced Mountaineering Program)**

Rappelling: Third of four climbing workshops open to Sierra Club members with prior roped climbing experience. Today, at Stoney Point in Chatsworth, focus is on rappelling. As space is limited priority will be given to participants who commit to all four workshops. Send email or sase, phones, Sierra Club number, resume to Ldr: Dan Richter. Ass't: Patrick McKusky

May 4-5 | Sat-Sun**LTC, SPS, DPS****TR M/E-R Snow: Sierra Snow Checkoff/Practice**

For M & E candidates wanting to check off leadership ratings or others who wish to practice new techniques. Restricted to SC members with some prior basic training with the ice axe. Send SC#, climbing resume, email, H&W phones to Ldr: Nile Sorenson. Co-Ldr: Doug Mantle

May 11-12 | Sat-Sun**LTC, SPS, DPS, WTC****TR M/E-R AMP (Advanced Mountaineering Program)**

Rock climbing techniques and anchors: Fourth of four climbing workshops open to Sierra Club members with prior roped climbing experience. This weekend completes the series of AMP workshops at Joshua Tree National Park and focuses on climbing and anchors. As space is limited priority will be given to participants who commit to all four workshops. Send email or sase, phones, Sierra Club number, resume to Ldr: Dan Richter. Ass't: Patrick McKusky

ET WTC Experience Trip**TI Trip of Interest****TR Training Opportunity****MT Mountaineering**

WAS Wilderness Adventures Section | **PVSB** Palos Verdes South Bay Group | **LB** Long Beach Group | **OCSS** Orange County Sierra Singles | **SPS** Sierra Peaks Section | **HPS** Hundred Peaks Section | **LPC** Lower Peaks Committee | **WTC** Wilderness Travel Committee | **LTC** Leadership Training Committee | **DC** Desert Committee | **NS** Natural Science | **PG** Pasadena Group | **VH** Verdugo Hills | **BC** Backpacking Committee | **MP** Mule Pack

May 18-19 | Sat-Sun **LTC, SPS, DPS****TR M/E-R Snow: Sierra Snow Checkoff/Practice**

For M & E candidates wanting to check off leadership ratings or others who wish to practice new techniques. Restricted to SC members with some prior basic training with the ice axe. Send SC#, climbing resume, email, H&W&Cell phones to Ldr: Tina Bowman. Co-Ldr: Tom McDonnell

May 18-19 | Sat-Sun **WTC****ET | Mt Waterman area "Son of a Nav Pack"**

Looking for an opportunity to improve your navigation skills? Join us on this cross-country romp to the areas around Mt. Waterman. We'll pack in about 3 miles and about 1300' to a dry camp on Saturday. We'll spend Saturday and Sunday exploring the area, practicing navigation, looking for wildflowers and taking in a peak. Sunday we will pack out. Bring enough water for two days. Send email with contact information and recent experience to Ann Shields. Ldrs: Ann Pedreschi Shields and Adrienne Benedict.

June 1 | Sat **LTC, WTC, HPS, DPS, SPS****TR | Heart Bar Peak (8332')**

Practice navigation for Sunday's checkoff on this 7 mile rt, 1400' gain hike. We will take a cross-country route to Heart Bar Pk and practice micro-navigation skills along the way. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers. Co-Ldrs: Jane Simpson, Adrienne Benedict, Ann Pedreschi Shields

June 2 | Sun **LTC, WTC, HPS, DPS, SPS****TR | Grinnell Ridge Navigation**

Navigation Noodle in San Bernardino National Forest for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Asst: Phil Wheeler

June 22-23 | Sat-Sun **LTC, WTC, HPS, DPS, SPS****TR M/E-R Rock: Alabama Hills Checkout, Lone Pine**

M and E level rock practice and checkout for LTC leadership candidates. Practice Saturday, checkout Sunday. Restricted to Sierra Club members with technical rock climbing experience. Climbing helmets and harnesses required. Email climbing resume to Ldr: Patrick McKusky. Ass't: Dan Richter

July 26-28 | Fri-Sun **WTC****ET | Upper Yosemite Photography & Wine Adventure: Tuolumne Meadows-Vogelsang-Lyell Canyon**

3-day backpacking trip leaves Fri from Tuolumne Meadows to Vogelsang - 7 miles & 1400' gain. Keeping a steady pace - we will take "photo ops" along the way. Happy Hour will include wine-tasting and great appetizers. Sat explore the area via cross country route - including Bernice Lake. Early start on Sun AM for a return via Lyell Canyon - 13.3 miles - 950' gain & 2,200' loss. This is a permit restricted trip. Please send email with hiking/conditioning resume to: tonycebates@yahoo.com or Linda Robb - kingfisherfan1@cox.net. Leaders: Linda Robb, Tonyce & Phil Bates

August 4 | Sun **LTC, WTC, HPS, DPS, SPS****TR | Mt. Pinos Navigation**

Navigation noodle in Los Padres National Forest for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Asst: Kim Homan

August 10-11 | Sat-Sun **WTC****ET | Cloudripper (13,525)**

Strenuous but moderately paced trip in the South Lake area. Early Sat backpack from South Lake 3 mi, 1750' gain to basecamp at Green Lake. Set up camp and chill before heading out to climb Cloudripper, 7 mi rt, 2500' gain. Return to camp for happy hour. Sun morning, pack out to trailhead. WTC or equivalent required. Email recent backpack experience, conditioning, phone number, and ride share information to Ldr: Victoria Overbey (overbeyvr@rocketmail.com). Asst Ldrs: Tonyce Bates (tonycebates@yahoo.com), Rod Kieffer, Phil Bates.

August 17-19 | Sat-Mon **WTC****ET | Thousand Island Lake/Mt. Davis (12,303')**

Sat relaxed pace backpack 10 mi, 2000' gain via incredibly scenic portion of PCT (High Trail) from Agnew Meadows to camp at Thousand Island Lake (9,840') in Ansel Adams Wilderness. Sun class 2 xc route to Mt. Davis via North Glacier Pass, 6 mi rt, 2,500' gain. This will be a long, strenuous day, but the views will be well worth it! Mon pack out via River Trail. WTC or equivalent required; priority given to 2013 WTC students. Shuttle bus fee (currently \$7) from Mammoth Mtn ski area to trailhead required; \$5 for wilderness permit. Send e-mail with contact info, experience, recent conditioning and WTC year & group leader info to Ldrs: Melody Anderson & Paul Warren.

August 23-25 | Fri-Sun **WTC****ET | Thousand Island Lake, Peak 10344**

Friday backpack 8 miles, 2000' gain to camp at picturesque Thousand Island Lake in Ansel Adams Wilderness near Mammoth. Saturday climb cross-country, class 2 route to Peak 10344, 6 mi rt, 800' gain. Sunday pack out. Shuttle fee of \$7 from Mammoth Mountain to Agnew Meadows trailhead required. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers. Co-Ldrs: Sarah Myers Rebensdorf, Ann Shields.

September 21 | Sat **LTC****TR Deadline for Leadership Training Seminar**

Last day for receipt of application and payment by LTC Registrar for April 13 seminar to be held at Eaton Canyon Nature Center, Pasadena. See LTC website (<http://angeles.sierraclub.org/ltc/>) for registration information. Next seminar: Spring 2014.

September 22 | Sun **LTC, WTC, HPS, DPS, SPS****TR | Grinnell Ridge Navigation**

Navigation Noodle in San Bernardino National Forest for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Asst: Phil Wheeler

October 5 | Sat**LTC****TR Leadership Training Seminar**

Become a qualified Sierra Club leader. Seminar at Eaton Canyon Nature Center, Pasadena. For information, see the LTC website (<http://angeles.sierraclub.org/ltc/>). Deadline for receipt of application is March 30. No registration after this date or at the door. Next seminar: Spring 2014.

October 12-13 | Sat-Sun**WTC****ET | "Really Last Chance" Graduation Trip**

Easy paced backpacking trip in scenic California desert. We will take exploratory cross-country routes in the Queen Valley area, taking in a peak along the way. Satisfy WTC requirements on this "really last chance" graduation trip. 9 mile rt, 1000' gain. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers. Co-Ldr: Ann Pedreschi Shields.

November 16 | Sat**LTC, WTC****TR MR Navigation Workshop on 3rd Class Terrain**

This navigation workshop is limited to individuals participating in the Indian Cove Navigation Noodle and is intended to explore special navigation issues that arise on 3rd class terrain. Class 3 rock travel experience required. Restricted to Sierra Club members. Helmets and medical forms required/group size limited. Send email/sase, SC#, class 3 experience, conditioning, contact info to Ldr: Robert Myers. Co-ldr: Jack Kieffer

November 16-17 | Sat-Sun**LTC, WTC, HPS, DPS, SPS****TR | Indian Cove Navigation**

Navigation noodle at Joshua Tree National Park to satisfy the Basic (I/M) level navigation requirements. Sat for practice, skills refresher, altimeter, homework, campfire. Sun checkout. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Asst: Phil Wheeler

December 8 | Sun**LTC, WTC, HPS, DPS, SPS****TR | Warren Pt Navigation**

Navigation noodle at Joshua Tree National Park for either checkout or practice to satisfy the Basic (I/M) or Advanced (E) level navigation requirements. To participate, send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare, to Ldr: Robert Myers. Asst: Phil Wheeler

ET WTC Experience Trip**TI Trip of Interest****TR Training Opportunity****MT Mountaineering**

WAS Wilderness Adventures Section | **PVSB** Palos Verdes South Bay Group | **LB** Long Beach Group | **OCSS** Orange County Sierra Singles | **SPS** Sierra Peaks Section | **HPS** Hundred Peaks Section | **LPC** Lower Peaks Committee | **WTC** Wilderness Travel Committee | **LTC** Leadership Training Committee | **DC** Desert Committee | **NS** Natural Science | **PG** Pasadena Group | **VH** Verdugo Hills | **BC** Backpacking Committee | **MP** Mule Pack



Outings Leader Directory

To reserve your place on an outing, contact the leader as specified in the trip description. Include your name, address, home & work phone numbers, your WTC leader's name, the outing you wish to join, your experience, your physical conditioning routine and whether you need or can offer a ride to the outing.

Mike Adams	AdamsFreeRange@AOL.com
Melody Anderson	MelodyGrace1@gmail.com
Philip Bates	PhilipABates@gmail.com
Tonyce Bates	TonyceBates@Yahoo.com
Catherine Bell	daviesdavies@gmail.com
Adrienne Benedict	SierraAdrienne@verizon.net
Richard Boardman	rb543@verizon.net
Tina Bowman	tina@bowmandesigngroup.com
Brian Decker	scubaaipig@yahoo.com
Bob Draney	rrdraney@yahoo.com
Diane Dunbar	DianeDunbar@Charter.net
Dave Evans	Dave_Evans2004@yahoo.com
Matthew Hengst	mhengst@hotmail.com
Kim Homan	kimshoman@hotmail.com
Michael Kanne	mkanne04@hotmail.com
Jack Kieffer	JockORock42@Yahoo.com
Rod Kieffer	RodKieffer@Yahoo.com
Peter Lara	Plara@mwdh2o.com
Lydia Leos	flora.verde@live.com
Doug Mantle	DougofSierra@Verizon.net
James Martens	Martens.James@gmail.com
Tom McDonnell	t.mcdonnell@sbcglobal.net
Patrick McKusky	patrick.mckusky@lausd.net
David Meltzer	DWM@CRGPM.com
Anne Mullins	hike2thepeak@gmail.com
Robert Myers	RMmyers@ix.netcom.com
Sarah Myers Rebensdorf	Msmyers@ix.netcom.com
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Virgil Shields	vshields@alumni.caltech.edu
Jane Simpson	Jsimple@earthlink.net
Nile Sorenson	nsorenso@pacbell.net
Joe Speigl	jspeigl1@yahoo.com
Monica Suua	mosuua@gmail.com
Paul Warren	pwarren@janusetcie.com
Phil Wheeler	Phil.Wheeler@Sierraclub.org
Karen Wilson	kwlomedt@yahoo.com
Danielle Zucker	ZuckerD@Rocketmail.com

Interested in becoming a Sierra Club outings leader?

LEAD THE WAY

The Angeles Chapter is home to one of the largest outings programs on the planet – thousands of trips ranging from beach barbecues to mountaineering expeditions. You can take the first step toward becoming a leader by attending a class offered by the chapter Leadership Training Committee on Saturday, April 13 at Eaton Canyon Nature Center in Pasadena.

The seminar covers all the basics of leadership. Experienced leaders will tell you how to plan a trip, prevent problems on the trail and make sure that everyone – including you – has a great time. They'll also explain good conservation and safety practices. And they'll give you tips for getting your "O" rating quickly and then, if you choose, pursuing more advanced ratings.

The application is online at angeles.sierraclub.org/ltc. The all-day class costs \$25. Mail the application and check, payable to Sierra Club, to Steve Botan, LTC Registrar, 18816 Thornwood Circle, Huntington Beach 92646. You also can reach Botan by phone (714-321-1296) or e-mail (ltcregistrar@hundredpeaks.org).

Applications and checks are due March 30, 2013

Scholarships are available for those with financial need. Apply to LTC Chair Tina Bowman (tina@bowmandesigngroup.com)

Downtime

WTC Long Beach/South Bay Group 3 students and instructors snake their way down one of the course's more pivotal and memorable experiences: the climb of Peak 4377' in Joshua Tree near Indian Cove.

Photo by Neal Robbins

