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See page 8 for contact info

WTC

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The WTC Newsletter is published quarterly for students and staff of the Wilderness Training Committee and delivered via U.S. mail or distributed at class sites. It's also available in color on the WTC website:

www.angeles.sierraclub.org/wtc as a download in PDF format. All questions, copy and photo submissions should be directed to Kay Novotny, WTC Newsletter Editor at (562) 860-4078, or emailed to: knovo@ca.rr.com

WTC Info Line 310-967-2029

On The Cover

Photos by Gary Novotny



Eric Mitchell, Madison Rich, Alex Novotny, and Matthew Burt show off their style as future WTC grads. All four are children of WTC leaders or students.

Graduations

Graduations are currently scheduled for October 18 and 19 at Indian Cove in Joshua Tree National Park. This schedule is subject to change, and additional information will be available in the next WTC newsletter.

Trips Liability Notice

Liability Waiver Notice To participate in a Sierra Club outing, you will need to sign a liability waiver. To see a copy of this waiver prior to attending the outing, please see **www.sierraclub.org/outings/chapter/forms,** or contact the Outings Department at (415) 977–5528 for a printed version

Transportation Notice In the interests of facilitating the logistics of some outings, it is customary that participants make voluntary carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride sharing or anything similar is strictly a private arrangement among participants. Participants assume the risks associated with this travel.

California Sellers of Travel Disclaimer: CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

Headline Deadline

For publication in the Fall 2008 WTC Newsletter:

Aug 20 Last day for trips to be submitted to the WTC Outings Chair for inclusion in the next WTC newsletter (Volume 19: Issue 4 – Sept.). Provisional trips and leaders should already have an LTC review. Restricted trips should prepare a Mountaineering Application.

Nov 15 Last day for trips to be submitted to the WTC Outings Chair for inclusion in the next WTC newsletter (Volume 20: Issue 1 – First Class.). Provisional trips and leaders should already have an LTC review. Restricted trips should prepare a Mountaineering Application

Jul 9 Last day for trips to be submitted to the WTC Outings Chair for publication in next Angeles Chapter Schedule 309 (Nov 1 - Feb 28). Provisional trips and leaders should already have an LTC review. Restricted trips should prepare a Mountaineering Application

Nov 9 Last day for trips to be submitted to the WTC Outings Chair for publication in next Angeles Chapter Schedule 310 (Mar 1 – Jun 30). Provisional trips and leaders should already have an LTC review. Restricted trips should prepare a Mountaineering Application

The future of WTC.

Backpacking with kids - passing on the love of the wilderness to the next generation. By Kay Novotny

When my husband, Gary, and I started backpacking, I knew at the time that it was something I would want to introduce to any children we had early. I felt like I had missed out, because I did not try it until I was in my 30's. All those wonderful years in the wilderness - lost, I also knew that we would need to introduce it gently - or resentment would spoil what was supposed to be a great experience.

When Alexander came into the picture, at first, he WAS the backpack. For several years, we would do hikes with Gary carrying Alex in a carrier on his back. We held off on actual backpacking at this time, because I did not relish the idea of carrying around 2 days worth of used diapers. In time, as Alexander walked better, we would take him out of the pack, and have him walk portions of the trail. We found that when you walk with a child, you slow down, and you notice things you might never have seen otherwise. Caterpillars on the path, lizards in the bushes - these things are examined and discussed at length. Your perspective and priorities change.

When Alexander was 4 ½, and hit 40 pounds, that was when the carry pack was put away for good. His legs were strong enough for some good length hikes, and we knew that it would just take longer to go places with shorter legs.

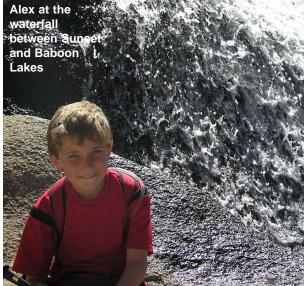
The next summer, Alex went on his first true backpack – overnight in a tent, away from the car. He didn't carry much – he had a small pack with is sleeping bag and a water bottle - but it was enough to feel like he

was contributing. We picked a close hike, and one which he had completed before without a pack, so it was familiar. The length was 2 ½ miles, and had enough elevation gain to give a challenge. Alexander was (and still is) destination-minded. He has not yet developed a love for the journey. So, with this in mind, when we schedule a hike or backpack, we focus his attention on some destination - be it a waterfall, lake, saddle, peak, or whatever. With his destination in mind, he is more apt

When Alex got old enough for a regular pack, we made a point of going to REI so he could be fitted, and pick out the pack he liked - personal choices in kids are more apt to lead to buy-in on the process. We also try to schedule backpacks with other folks who have kids Alexander's age. You will hear far less grumbling on the journey if there is the entertainment of friends.

As the years have progressed, Alex has completed several Sierra backpacks with us. He has been to Monache Mountain, near the Kern River; Tahquitz Peak; cross-country to Sunset Lake and Palisade Glacier; and to the Havasupai Falls in the Grand Canyon. As we have gone all of these places, we have had a different journey than we might have otherwise had, because we are also seeing the journey through the eyes of our child.

If you are ready to start on these journeys with your child or children, my recommendations are:



- 1. Start slowly. Do some local hiking to build up strength for longer hikes.
- Emphasize the destination. Kids want to know what "there" looks like. Give the kids a reference point. For instance, we have a walk at home which is ½ mile long. So if 2. we have ½ mile left on a hike, I will use that reference so Alex will know how much further the hike goes.

to put up with the rigors of the journey.

- 3. Change your priorities. If your priority used to be "a 5 mile hike" it may now be "2 hours spent walking in nature with my child...1/2 mile walked".
- 4. Allow the children to be a part of the planning process according to their maturity. Pick a couple of hikes you would be OK with, and let them have the final choice.
- 5. As the kids get older, encourage them to use the correct gear, and purchase well-fitting clothes, shoes and packs. These things might cost more, but are worth it. Look on e-bay for used gear.
- Give kids a job on the hike. Mapping out the route and interesting points along the way, filtering water, helping prepare meals are all possibilities, and help engage your 6. child
- 7. Be prepared to play sherpa for your child's gear if he runs out of gas part way along the trail.
- 8. Get prior buy-in on food selections. Don't wait until you are in the wilderness to find out your child won't eat oatmeal.
- 9. Talk ahead about do's and don'ts on the trail, like cutting switchbacks, dropping trash, etc. Discuss procedures which might be foreign to your child, such as going potty where there is no potty.
- 10. Be careful about initial exposure to altitude - changes in altitude can often affect children more than adults.

As a result of the exposure we have given Alex over the years, he is anxiously awaiting his 14th birthday, so he can enroll in WTC. Hopefully, we have also given him the gift of appreciation of the wilderness, and the desire to protect it for his own children – the next generation of WTC students.



Outinas

To reserve your place on an outing, follow the instructions listed in the trip description and provide all information requested by the leader. If a sase (self addressed stamped envelope) is requested, send a 9.5 x 4 inch envelope along with your other information. Typical requested information includes name, address, home & work phone numbers, WTC leader's name, name and date of outing you with to join, your expe \cdot rience and physical conditioning. You may be placed on a waiting list if the number of persons interested in the desired trip is large. If you change your plans, it is very important that you contact the leader to let them know your revised plans, even if you are on the waiting list.

Please see Outings Leader Directory on page 8 for SASE and contact information. NEW! - Indicates a new trip not published before.



Trips which qualify as WTC experience trips are identified by a backpack logo.

Training opportunities are identified by a book. WTC students should find

mnay of these trips within their abilities. Snow travel training will require



3 Outings of interest will be identified by binoculars. These do not qualify as WTC experience trips, but they are very interesting.



Last, but not least, the gnarly trips are identified by an ice-axe and crampons. These are technically challenging trips – typically not suited to WTC students. Strong WTC students with prior mountaineering experience may qualify.

Jun 14/Sat

Long Beach, WTC

O/San Bernardino Pk (10,649')

prior experience.

Enjoy hiking a gradual although unrelenting but otherwise nice and usually wellmaintained scenic trail in our local San Gorgonio Wilderness. Moderately-paced, but 16 miles total, with 4700' gain and maybe snow near summit. We'll also visit the 1852 survey monument. Permit limits group size. Forest parking permit required. Contact Ldr: John H, or Co-Ldr: Jeff Kenyon.

Jun 14-16/Sat-Mon I/Kern Peak (11,510)



Sierra Peaks

SPS introductory trip in southern Sierra geared to prospective SPSers and WTC students. Moderate and enjoyable pace. Enjoy studying flora and fauna with naturalist Sherry Ross. Sat backpack 9 mi, 1500' of gain to camp at Redrock Meadows at 8600'. Sun climb class 2 Kern Peak in 8 mi, 3000' gain rt, with considerable x-country. Legendary community happy hours Sat and Sun evenings. Mon backpack out 9 mi, 1800' gain (road head higher than camp). Send SASE, recent conditioning, H,W & cell phones, ride share info to Ldr: Patty Kline. Asst: Sherry Ross.

Jun 21-22/Sat-Sun



Long Beach, WTC

M/Jepson Pk (11,205'), Charlton Pk (10,806'), Little Charlton Pk (10,696)

Enjoy our local San Gorgonio Wilderness; gain experience on class 3 rock; climb So. Calif's 2nd-highest peak. Sat, comfortably paced trail hike from South Fork to base camp, 6.5 mi, 2600' gain. Sun bag Charlton via class 3 route then hike the others, 2 mi cross country, 2300' gain. WTC/equivalent required. Deep residual snow postpones four weeks. Forest parking permit required. Send 2 sase, phone & carpool info, and name of SC leader as reference to Ldr: John H. Asst: Mike Adams.

Jun 21-22/Sat-Sun NEW M/Mt Gilbert (13,106')



Sierra Peaks, WTC

Saturday - backpack from South Lake to upper Treasure Lake (3 miles, 1700' gain). Set up camp and practice snow skills. Sunday - early start to Gilbert (3 miles round trip, 2000' gain). Return to camp and pack out. Trip restricted to Sierra Club members only. Ice axe, crampons, medical form and class 3 rock experience is required. Send detailed resume via sase or e-mail (preferred) to Ldr: Kathy Rich. Asst: Dan Richter.

une continued

Jun 28-29/Sat-Sun NEW



WTC, Hundred Peaks

I/10,000 Foot Ridge (10,094'), Lake Pk (10,161')

Grinnell Mountain (10,284'), Dragons Head (10,866') and Bighorn Mountain (10,997'): Weekend backpack to 5 peaks in the San Bernardino's! Sat pack in to camp at Fish Creek Saddle, 5 mi, 1800' gain. Afternoon day hikes to Grinnell Mtn, Lake Peak and 10K Foot Ridge from camp, 4 mi round-trip, 1200' gain. Sun optionally crosscountry scramble to Dragons Head and Bighorn Mountain, 9 mi round-trip, 2700' gain. This will be a moderate-paced but still strenuous weekend. Some round-trip road driving required to reach trailhead. Reserve early, since group size is limited by permit. For trip details send recent conditioning, phone & ride-share information to Ldr: Eric Scheidemantle. Asst: Pat Vaughn.

Hundred Peaks, WTC, Wilderness Adventures Jul 4-6/Fri-Sun *NEW* I/Lake Pk (10,161'), Ten Thousand Foot Ridge (10,094'), Grinnell Mtn (10,284'), San Gorgonio Mtn (11,499'), Jepson Pk (11,205'), Charlton Pk (10,806'), Dobbs Pk (10,459'), Dragon's Head (10,866'), Bighorn Mtn (10,997')

3 days, 9 peaks, 40 miles, 10,000' gain on trail and steep, rocky cross-country. Very strenuous. Spend the holiday weekend in our beautiful San Gorgonio Wilderness. Backpack 4.5 miles, 2000' gain from Fish Creek trailhead to set up base camp for both nights at Fish Creek Saddle. Friday PM dayhike 4.5 miles round trip, 1500' gain to Lake Peak, 10K Ridge, and Grinnell. Saturday dayhike to San Gorgonio, Jepson, Charlton, and Dobbs 18 miles round trip, 3500' gain. Sunday dayhike to Dragon's Head and Bighorn Mountain, 9 miles, 3000' gain. Then break camp and backpack to trailhead. Friday: shared salad. Saturday: Italian potluck. Sign-up early. Permit limits group size. Proven comfort and ability above 10,000' required. Email recent conditioning and experience, city, and phone to leader. Ldr: Ted Lubeshkoff. Co-Ldrs: Sandy Sperling, Peter Lara

Jul 8/Tue NEW



WTC

O/Nike Base Rendez-Vous Hike #1

WTC Introductory Hike: Westridge Rd to Nike Base; Caballero Cyn to Nike Base: Learn about the Wilderness Travel Course on this 7 mi rt, 1000 feet gain hike in the Santa Monica Mts. The hike will include info on the ten essentials of safe mountain travel. Bring headlamp or flashlight. Westsiders Meet 6:30 pm end of Westridge Rd (Sunset Blvd to Mandeville Canyon Rd, N 1/4 mi to Westridge Rd, L to end); observe street parking restrictions. Valley-ites meet at Cabellero Canyon trailhead on Reseda Blvd. at 6:30 pm (from 101 Ventura Fwy take Reseda Blvd 1.9 mi south across from Braemar County Club); free street parking. Ldrs: George Denny, Marc Hertz, Robert Myers, Jane Simpson.

Jul 11-13/Fri-Sun



Sierra Peaks, WTC

M/Mt Ritter (13,143'), Banner Pk (12,936')

Climb a classic Sierra and SPS Emblem peak. Leave Agnew Meadows Friday, backpack 6 miles, 1100' gain to Lake Ediza. Saturday hike 6 miles cross-country round trip and 6000' gain from Lake Ediza up the southeast glacier. Sunday pack out. Participants must be Sierra Club members and be proficient with ice axe, crampons and high 3rd class rock. Send recent conditioning, experience, medical form and sase/ease to Ldr: Eric Scheidemantle. Asst: Will McWhinney.

Jul 12/Sat



Long Beach, WTC

I/Dragon's Head (10,866'), Bighorn Mountain (10,997')

Enjoy our local San Gorgonio wilderness, learn of its flora and fauna. Moderatelypaced hike, but 11 miles on trail, 4 miles cross-country, with 5600' total gain. Permit limits group size. Forest parking permit required. Email resume of recent hiking experience to Ldr: Sherry Ross, or contact Co-Ldr: John H.

Jul 12/Sat NEW



Hundred Peaks

O/Timber Mountain (8303')

10 miles round trip, 3300' gain. Strenuous hike at comfortably brisk pace up Icehouse Canyon to the saddle then up to enjoy the beautiful view from Timber Mountain for lunch/snack. Bring 2-3 gt. water, lunch, appropriate clothing, lugsoles. Rain cancels. Adventure Pass needed. For details contact Ldr: Cheryl McMurray. Asst: Melissa Kane.

Jul 12-13/Sat-Sun I/Basin Mtn (13,181')



WTC

Sat backpack from trailhead to Horton Lake (4 mi, 2200' gain). Bring appetizer or dessert to share Sat night. Sun early climb of peak (5mi, 3200'gain), then break camp and return to cars. WTC or equiv required. Send sase or email (preferred) with recent experience and conditioning, phone and rideshare info, and WTC leader to Ldr: KC Reid. Asst: Mike Dillenback.

Jul 13/Sun NEW



WTC

I/Grinnell Mtn (10,284'), Lake Pk (10,161')

From Lost Creek Trailhead (6,320'), hike 5.3 mi on trail to Grinnell Ridge (8,132'), then cross-country up to peak. Optional side trip to Lake Peak before continuing down to Dry Lake (9,065') and then out via trail. In all, a moderately strenuous 15.5 mi with 4000'-4400' gain. Send esase/sase, recent experience and conditioning, phone to Ldr: Erin O'Neill. Asst: Pat Vaughn.

Jul 18-20/Fri-Sun



Long Beach, WTC

I/Chocolate Pk (11,682')

Backpack the beautiful Bishop Pass trail to camp, 2.5 mi, 2000' gain. Share chocolate on Chocolate Peak, 2.3 mi 1100' gain over Class 1 & 2 terrain. We'll have time for photography, fishing, and explorations to off-trail lakes. \$5 permit fee. Send E-mail (preferred) or SASE with contact info and recent conditioning to Ldr: Sharon Moore. Asst: Jean Konnoff.

July continued

Jul 18-20/Fri-Sun I/Florence Pk (12,432')



WTC, 20s&30s

Mineral King is a spectacular Alpine region of Sequoia National Park, with majestic peaks and beautiful lakes. And >if our timing is right, the area will be bursting with flowers. Join us for a backpack to Florence Peak, the highest point in Mineral King. Fri backpack from Mineral King to Franklin Lakes, 5.5 mi, 2700' gain. Sat climb Florence 4 mi rt, 2100' gain (and time permitting, Rainbow Mountain) via trail and class 2 route. Sun pack out. Will serve as an experience trip for WTC students. There is a \$5 permit fee for the trip. Send WTC group and leader (if applicable), recent conditioning and experience, H&W phones, e-mail address, and rideshare info to Ldr: Steve Berson. Co-Ldr: Sridhar Gullapalli.

Jul 19-20/Sat-Sun



WTC, SPS

I/Lone Pine Pk (12,943')

From Meysan Lakes Trailhead at Whitney Portal, Sat backpack 5 mi, 3600' gain to Meysan Lake, relax, enjoy group happy hour. Sun climb peak by class 2 route, 2 mi, 2300' gain to peak, then out. WTC or equiv reqd. Send email or sase with recent conditioning/experience to Ldr: Josh Hibbard. Co-Ldr: Anne Marie Richardson.

Jul 19-20/Sat-Sun NEW I/Sawtooth Pk (7970')



WTC

Enjoy a rarely visited southern Sierra peak with breathtaking views. This is the little Sawtooth unrelated to its much bigger cousin farther north. This is an 9 mi roundtrip, 2415' hike involving 2nd class scrambles. Sat easy hike 3 mi 700' gain to camp. Sun bag the peak (3 mi cross-country, round-trip, 1210' gain) with a 2.5 mi hike out. This will be a dry camp so all water must be packed in. For trip details send recent conditioning, phone & ride-share information to Ldr: Eric Scheidemantle. Asst: Sarah Myers.

Jul 19-20/Sat-Sun NEW I/Four Gables (12,720')



WTC, Sierra Peaks

Enjoy the wide open vistas of Humphrey's Basin on this moderate overnight trip from North Lake to Four Gables. Saturday hike in from North Lake over Piute Pass to Desolation Lake on trail (9.2 mi, 2,500' gain). Sun climb class 2 Four Gables in 4.4 mi rt and 1,400' of gain, all cross country, then pack out to cars. Send email (preferred) or SASE with conditioning/experience to Ldr: Paul Garry. Asst: Bruce Michaels.

Jul 19-20/Sat-Sun NEW



WTC

I/Jean Pk (10,670'), Marion Mtn (10,382')

Easy paced backpack, 2 miles, 800 foot of gain from Palm Springs Tram to Round Valley on Sat, set up camp. Day hike peaks (approx 4 mi, 2,000' gain, significant crosscountry). Return to cars Sun via tram. Trip size limited due to permit. Send email, 2 SASE, recent conditioning, H/W phones to: Ldr: Bob Dryden. Asst: Jane Simpson.

Jul 19-20/Sat-Sun NEW



WTC

I/Bishop Pass Backpacking (11,924')

Easy paced backpacking and hiking trip in the Bishop Pass area. Sat: Backpack from South Lake to Long Lake, 2 mi, 1000' gain. Setup camp then dayhike to Bishop Pass to look at beautiful Dusy Basin, 5.6 mi rt 1200' gain. Sun: XC hiking to nearby lakes, practice maps and compass skills, climb a nameless peaklet, then out. Send esase (preferred) or 2 sase, recent experience, conditioning, and phone number to Ldr: Chi A. Choi. Co-Ldr: Susan Richmond.

July continued

Jul 19-21/Sat-Mon I/Cirque Peak(12,900')



Sierra Peaks

SPS introductory trip in eastern Sierra geared to prospective SPSers and WTC students. Relaxed and enjoyable pace. Sat. Backpack from Horseshow Meadows at 10,000' to Long Lake at 11,160' (6 mi, 1200' gain). Sat evening legendary community happy hour. Sun climb class 1 Cirque Peak (5 mi rt, 1800' gain). Sun evening legendary community happy hour. Mon hike out 6 mi, 1200' loss. Send sase with \$5.00 permit fee, conditioning and high altitude experience, home, cell & work phones, ride share info to Ldr: Patty Kline. Asst: Kent Schwitkis.

Jul 26-27/Sat-Sun (12,900')



Gourmet Backpack! Join us for Decadent Wilderness Weekend VI. Sat backpack 4 mi, 1300' via Cottonwood Pass to Chicken Springs Lake for 5-star dining experience. Sun work off those calories with 2.5 mi, 1700' gain to Cirque. Send e-mail (preferred) or sase with H&W phones, recent conditioning and your most outrageous culinary ideas to Ldr: Ron Campbell. Assts: Georgette Rieck, Ed Cottone.

August

Aug 1-3/Fri-Sun



WTC

I/Backpack to Payne Lake, Peaklet 11,818'

Follow in the footsteps of impressionist painter Edgar Alwin Payne on a backcountry ramble to Payne Lake, near Seventh Lake. Fri, backpack to Third Lake via North Big Pine Creek, 5.5 mi, 2723' gain. Group dinner Friday night. Sat cross country navigate to Payne Lake and Peaklet 11,818, 2 miles on-trail, 3 miles off trail round trip, 1000' gain. Happy hour Sat night. Sun optional trip to Middle Palisade Glacier, 3 mi rt, 2000' gain, and pack out. \$7 permit fee per person. Send e-mail (preferred) or SASE with H/W phone numbers, e-mail, WTC group and conditioning to: Ldr: Kay Novotny, Co-Ldr: Jane Simpson.

Aug 1-3/Fri-Sun 🗼

WTC, Sierra Peaks

M/North Guard (13,327'), Mt. Brewer (13,570')

Fri backpack from Cedar Grove to camp at Sphinx Lakes, 8.5 mi, 5500' gain. Sat climb North Guard, 3 mi, 4200' gain, and, if possible, Brewer, 1 mi, 650' gain. Sun hike out. Happy hour both nights. Class 3 experience, helmets, medical form required; restricted to Sierra Club members. Send email (preferred) or sase with H&W phones, recent conditioning, climbing resume, rideshare info and \$5 permit fee to Ldr: Ron Campbell. Asst: Tom McDonnell.

Aug 1-3/Fri-Sun *NEW*



WTC, Sierra Peaks

I/Mt Langley (14,026'), Cirque Pk (12,900')

Strenuous backpack, led at a comfortable, relaxed pace to bag the southernmost 14er in the United States. Fri morning pack in via Cottonwood Pass Trail, 7 mi, 2000' gain to small lake west of Cirque Peak. Summit Langley on Sat., 11 mi rt with 3600' gain. Optional summit of Cirque adds 700' gain on the return, followed by celebratory happy hour. Relaxed hike out to reach TH early afternoon Sun. Send email or 2 sase with conditioning, recent experience, altitude exposure, and WTC leader to Ldr. Gary Bickel, Co-Ldr Diane Dunbar.

Aug 1-3/Fri-Sun NEW



WTC

I/Matterhorn Pk (12,279')

Great views while following in the footsteps of the dharma bums. Fri hike 6 mi up Horse Creek from Twin Lakes to make camp. Sat climb Matterhorn Peak (class 2). Pack out on Sun. For total of 16 mi, 5100 feet gain. Send sase/e-mail with WTC class, conditioning and experience, h/w phones and rideshare to Ldr: Misha Askren. Asst: Garen Yegparian.

August continued

Aug 2-3/Sat-Sun



WTC

I/Mt Lamarck (13,417')

Pack in from North Lake to Upper Lamarck Lake (4mi, 2000' gain). Happy hour. Sun climb Lamarck xc (5 mi rt, 2500'gain) and pack out. Send 2 sase or email, \$5 permit fee, conditioning/experience, WTC or equivalent, phones, rideshare info to Ldr Jack Kieffer, Co-Leader Rod Kieffer.

Aug 2-3/Sat-Sun NEW



WTC

I/Mt Silliman (11,188')

Sequoia National Park backpack. Sat pack in from Lodgepole, 3.5 mi, 2000' gain with significant cross country to Silliman Lake (10,049'). Climb granite friction slabs on the way. Relax afternoon at lake before happy hour. Sun climb to peak 4 mi rt, 2400' gain. After reaching summit we will return to camp and head home. Send email with conditioning and experience to Ldr: Nicole Bunni. Asst: Eric Scheidemantle.

Aug 8-10/Fri-Sun I/Mt Lamarck (13,417)



WTC

"Lamarck- the Return." Fri moderately paced backpack from North Lake trailhead to upper Lamarck Lake, 4 mi and 1800' gain. Set up camp. Sat climb Mt Lamarck, 14 mi rt with 2400' gain, some scrambling required. Return to camp for celebratory happy hour. We'll pack out on Sunday. Designed for WTC students. Send resume with email address h/w numbers, carpool, recent conditioning and experience to Ldr: Ann Pedreschi. Co-leaders Virgil Shields, Jane Simpson.

Aug 15-17/Fri-Sun



WTC

I/Big Pine Lakes, Palisades Glacier Area

Backpack to explore the upper reaches of Big Pine Creek Basin and the Palisade Glacier with great views of some of the Sierra's high peaks. We will camp near Third Lake along the North Fork of Big Pine Creek. From our camp, we will ascend to explore Sam Mack Meadow, Sam Mack Lake, and the glacial lakes at the base of Palisade Glacier (12,200'). Substantial cross-country travel over Class 2 terrain, including the possible climb of an unnamed peak in the vicinity. 16 mi rt, 4100' gain. Send email (preferred) or sase, with contact info & recent conditioning and experience to Ldr: Robert Myers. Co-Ldr: Sarah Myers.

Aug 15-17/Fri-Sun NEW I/Mt Pickering (13,485')



WTC

WTC experience trip, eastern Sierra out of Lone Pine. Strenuous long days, excellent conditioning a must. Fri hike over Cottonwood Pass approximately 11 mi, 1600' gain to base camp near Rock Creek/ Erin Lake. Sat alpine start for Mt Pickering, up slab and talus on east ridge, 2mi, 1800' gain. Must be comfortable with class 2 climbing. Return to camp for Sat evening happy hour festivities. Sun hike out to cars. Possible fishing opportunity at Erin Lake and other nearby bodies of water. Send resume, experience and WTC leader name/group to Ldr: James Montross. Asst: Tom McDonnell.

Aug 16-17/Sat-Sun



WTC

I/Backpack to Chicken Foot Lake, Peaklet 11,645

Let's go lake bagging in the Little Lakes Valley, above Tom's Place. Sat, backpack to Chicken Foot Lake via Rock Creek, 3 miles, 600' gain. After setting up camp, 3 mile RT cross country exploration of Treasure Lakes, peaklet 11,645, and Gem Lakes, 1000' gain. Group potluck dinner Saturday night. Great fishing opportunities! Sunday morning, optional trip to the top of Morgan pass, and check out Morgan Lakes – 3 mi RT, 400' gain, then pack out. \$7 permit fee per person. Send e-mail (preferred) or SASE with H/W phone numbers, e-mail, WTC group and conditioning to: Ldr: Gary Novotny, Co-leader: Kay Novotny.

August continued

Aug 16-17/Sat-Sun I/Mt Stanford #2 (12,838')



WTC, SPS

Sat backpack from Rock Creek to Hilton Lakes, 5 miles 1500' gain. Sunday it's on to summit 5 mi round trip, 2500' gain. Then pack out, 5 mi. to cars. Send SASE, or use e-mail, with info on Sierra experience, WTC leaders name, conditioning, and carpool info to Ldr: Ed Morente. Asst: John Cyran.

Aug 16-17/Sat-Sun NEW



WTC

I/Annual Laking Expedition to Dinkey Creek Lakes (8950')

Sat backpack 4 mi, 1500' gain from western Sierra trailhead to our campsite spend afternoon exploring meadows and jumping in lakes, good fishing too. Sun explore the many lakes and meadows in the area then pack out. Happy hour Sat night. Call 310-374-4371 for additional info Ldr: Richard Boardman. Asst: Garen Yegparian.

Aug 16-17/Sat-Sun NEW I/Minarets High Route



WTC

We will ramble off-trail under some of the most dramatic peaks in all the Sierra. Sat hike from Devil's Postpile to Minaret Lake via the Becks Lake Trail and Nancy Pass and Deadhorse Pass. Sun cross Volcanic Pass and return to Agnew Meadows. On the Shadow Lakes Trail. The off-trail passes will include talus and route finding. Strenuous 16 miles, 5000' gain total for two days, half off trail, at moderate pace with full packs. Email or sase recent experience and conditioning to: Ldr: Scott Nelson, Co-Ldr Anne-Marie Richardson.

Aug 16-17/Sat-Sun *NEW* I/Mt Langley (14,026')



WTC

Moderately strenuous backpack. On Sat we will backpack from Cottonwood Lakes Trailhead (6.5 mi, 1500' gain) to camp at Upper Cottonwood Lake. On Sun morning we will climb Langley via Old Army Pass (7 mi rt, 3000' gain), then backpack out to the cars. \$5 permit fee collected via mail, but first send conditioning info and phone #'s via email or SASE t: Ldr: Allison Dryden. Asst: Will McWhinny.

Aug 16-17/Sat-Sun NEW



WTC

I/Jean Pk (10,670'), Marion Mtn (10,320')

Easy 2 mi, 800' gain from Palm Springs Tram to Round Valley on Saturday, set up camp. Day hike Marion and Jean (approx 6.5 mi, 3,000' gain, significant cross-country). Sunday return to cars via tram. Trip size limited due to permit. Send esase/sase (email preferred), recent conditioning, H/W phones to: Ldr: Nick Hooper. Asst: Chi Choi.

Aug 16-18/Sat-Mon (13,123')

Sierra Peaks

SPS Intro trip geared to WTC students and prospective SPSers. Relaxed, causal, and enjoyable. Sat backpack up McGee Creek to McGee Lakes at 11,040', 6 ½ mi, 2900' gain. Sun climb class 1 Mountaineers Peak, 4 mi rt, 2,200' gain, considerable cross country. Mon hike out. Legendary community happy hour Sat and Sun eve. Send sase with \$5.00 permit fee, recent conditioning and high altitude experience, H, Cell &W phones, ride share info to Ldr: Patty Kline. Asst: Joe Wankum.

August continued

Aug 20/Wed NEW



WTC

O/Nike Base Rendez-Vous Hike #2

WTC Introductory Hike: Westridge Rd to Nike Base; Caballero Cyn to Nike Base: Learn about the Wilderness Travel Course on this 7 mi rt, 1000 feet gain hike in the Santa Monica Mts. The hike will include info on types of maps used in wilderness travel. Bring headlamp or flashlight and refreshments to share. Westsiders Meet 6:30 pm end of Westridge Rd (Sunset Blvd to Mandeville Canyon Rd, N 1/4 mi to Westridge Rd, L to end); observe street parking restrictions. Valley-ites meet at Cabellero Canyon trailhead on Reseda Blvd. at 6:30 pm (from 101 Ventura Fwy take Reseda Blvd 1.9 mi south across from Braemar County Club); free street parking. Ldrs: George Denny, Marc Hertz, Robert Myers, Jane Simpson.

Aug 22-24/Fri-Sun NEW Sierra Peaks, Wild Adv, NSS and PVSB I/Royce Pk (12,280'), Merriam Pk (13,103')

SPS Introductory Trip suitable for WTC students. Join leaders for moderately fast-paced 3-day backpack & climb in the John Muir Wilderness Area/Kings Canyon National Park. Start Friday by hiking up to Upper Pine Lake: 5 miles, 3000 feet of gain. Possible ascent of Julius Caesar (13,200') 9 miles round trip, 3,000 feet of gain if leaders are feeling their cohones. Saturday - climb Royce Peak and Merriam Peak from Saddle between, 10 miles round trip, 4000' gain. Sunday - backpack out and return to Los Angeles. While not for beginners, this trip is suitable for people who already have some other cross country trips under their boots. Some naturalizing along the way as time permits. Send check for \$5 permit fee (payable to leader) and separate \$30 check returnable at trailhead (payable to Sierra Club), two 4x9 sase (or 1 sase & email), complete contact info, recent backpacking & climbing resume and ride share information to Ldr: Keith Martin. Asst: Mark Mitchell.

Aug 23-24/Sat-Sun I/Alta Pk (11,204')



WTC

Sat backpack in from Wolverton trailhead in Sequoia National Park to camp at Pear Lake (7 mi, 2800'gain). Happy hour Sat night. Sun xc to Alta Pk (5mi rt 1700' gain) and backpack out. \$5 permit fee.WTC or equivalent required. Send email, phones, experience, rideshare info to Ldr: Rod Kieffer. Asst: Jack Kieffer.

Aug 23-24/Sat-Sun



Sierra Peaks, WTC

I/Split Mtn (14,042'), Tinemaha Pk (12,520')

Come climb this 14-er and SPS Emblem peak. Sat backpack to Red Lake (5 mi, 4000' gain); climb Tinemaha (1.5 mi, 2000' gain, class 2). Sun climb Split (2 mi, 3500' gain, class 2), and pack out. 4-WD may be required on trailhead road. Send SASE or email (preferred) to leader with: contact information, carpool info, climbing resume with recent experience/conditioning. Ldr: Kathy Rich. Co-Ldr: Ron Hudson.

Aug 23-24/Sat-Sun NEW



WTC

I/Sawtooth Pk (12,343')

Arrive Mineral King Fri night, Sat backpack 6 mi, 2600' gain to Monarch Lake, make camp, explore upper Monarch Lake relax, swim. Sun climb peak by class 2 route, 2 mi, 2000' gain to peak, then return to Monarch Lake and out. Send esase or 2 sase, resume, recent experience and conditioning, phone to Ldr: Charles Irving. Asst: Jane Simpson.

Aug 30-Sep 1/Sat-Mon



WTC

I/Mt Silliman (11,188')

Sat backpack 4 mi, 1,500' gain from Lodgepole, Sequoia NP to Silliman Meadow. Sun 5 mi, 3,000' gain to Mt. Silliman then return to camp. Happy hour both nights. Mon pack out. Comfort on class 2 granite slabs required. Send email with phone # and rideshare info, recent backpacking/conditioning experience to Ldr: Peter Lara, Asst: Sandy Sperling

Outings Leader Directory

Please contact the newsletter editor, Kay Novotny, at knovo@ca.rr.com, or call the WTC info line at 310-967-2029 for SASE and leader contact information.







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WTC Aug 30-Sep 1/Sat-Mon I/Cloudripper (13,525'), Vagabond Pk (13,374'), The Hunchback (12,311')

Sat morning moderate to easy pace backpack from South Lake trailhead to Green Lake (3 mi, 1300'). Sat afternoon hike to Hunchback (2mi rt cross-country). Sat happy hour. Educational topic the Sierras.. Sunday hike xc to Vagabond, then to Cloudripper (6 mi rt, 2470'). Sun happy hour, relax. Conservation topic: endangered species. Mon pack out. WTC or equivalent required. No tigers. Send conditioning & recent high altitude experience, rideshare info, H&W phones, email and \$6 permit fee to Ldr: Edie Jaranilla. Asst: Anne Marie Richardson.



Septembei

Sep 6-7/Sat-Sun NEW I/Lone Pine Pk (12,943')

From Meysan Lakes Trailhead at Whitney Portal, Sat backpack 5 mi, 3600' gain to Meysan Lake, relax, enjoy view and learn Eastern Sierra history. Sun climb peak by class 2 route, 2 mi, 2300' gain to peak, then out. Send esase or 2 sase, resume, recent

Sep 12-14/Fri-Sun I/Mt. Davis (12,311')



WTC

WTC

Fri backpack 8 miles, 2000' gain to camp at picturesque Thousand Island Lake in Ansel Adams Wilderness near Mammoth. Sat climb cross country, class 2 route to Mt. Davis from southwest of North Glacier Pass in 6 mi rt, 2500 ft.gain. Sun pack out. Shuttle fee of \$7 from Mammoth Mountain to Agnew Meadows trailhead required. Wilderness permit fee of \$5 collected at trailhead. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Gunn. Asst. Ldr: Robert Myers.

Sep 13-14/Sat-Sun



WTC, HPS

I/Grinnell Mtn (10,284"), Lake Pk (10,161') 10K Ridge (10,094')

Three great peaks in the nearby San Gorgonio Wilderness. Saturday we'll pack to camp and happy hour at Fish Creek Camp (5 mi, 1800'). Sunday we'll climb 7 mi, 2800' gain cross country in a loop to our peaks, then pack out. Send experience, conditioning, phones, email, rideshare info via email or sase to Ldr: Edd Ruskowitz. Asst: Melissa Kane.

Sep 13-14/Sat-Sun I/Mt Tom (13,652')

WTC, SPS

Strenuous climb to the top of massive Mt Tom out of Bishop. Sat backpack 4 mi, 2200' to camp at Horton Lake. Sun climb Mt Tom 7 mi round trip, 3700' gain, then pack out 4 mi. Send SASE or use e-mail, with info on Sierra experience, WTC leaders name, conditioning, and carpool info to Ldr: Ed Morente. Asst: John Cyran.

Sep 19-21/Fri-Sun



WTC

I/Forence Pk (12,432'), Vandever Mtn (11,947')

Fri backpack 5 mi, 2800' gain to Franklin Lake, set up camp. Sat climb Florence Pk, 5 mi rt, 2100' gain. Sun break camp and backpack to Farewell Cyn, 2 mi. Climb Vandever Mtn, 6 mi rt, 2900' gain, WTC or equivalent. Send sase or email, conditioning/experience, phones, rideshare info to Ldr: Jack Kieffer Co-Ldrs: Rod Kieffer, KC Reid.

September continued

Sep 19-21/Fri-Sun



WTC, Wilderness Adventures

I/Twin Lakes-Silliman NavPack Sequoia NP

Improve your navigation skills, get a peak and get happy on a moderately paced 6.5 mi, 2600' gain backpack to beautiful Twin Lakes. Sat xc explore both sides of Silliman Crest, and climb a no-name peak, 1400' net gain via 7 mi loop. Return to camp for shared treats and gourmet guesadillas. Sun head home. Comfort on class 2 climbing required. No tigers please. Send check for \$7 permit fee (payable to Wilderness Adventures), 1 sase (or email), contact & rideshare info, recent backpacking & conditioning experience to Ldr: Jane Simpson. Co-Ldr: Adrienne Benedict.

Sep 19-21/Fri-Sun



Wilderness Adventures, WTC

I/Mt Mallory (13,850') and Mt Irvine (13,770')

Moderately strenuous 11 mi rt backpack to Meysan Lake area with climb of two of the more interestingly named peaks in the Sierra. Fri backpack 6 mi, 3000' gain from Whitney Portal up steep trail to over 11,000' near Meysan Lake and set up camp. Sat xc, talus and scree climb of Mallory & Irvine with steeply sloping traverse between the peaks. Sun pack out and drive home. WTC grads welcome. Not suitable for beginners. Send \$10 permit fee (Wilderness Adventures), recent backpacking experience/conditioning, 2 sase (or email), H&W phones to Ldr: David Coplen. Co-Ldr: Mark Mitchell.

Sep 20-21/Sat-Sun NEW I/Mt Agassiz (13,891')



WTC

From South Lake trailhead we will backpack to Bishop Lake (4 mi 1600' gain) and set up camp. Sat night community happy hour. Sun we'll climb the peak via class 2 route (4 mi RT 2600 gain) then pack out. Please send ESASE/SASE with recent experience/conditioning info to Ldr: Kim Homan. Asst: Sarah Myers.

Sep 25/Thu NEW



WTC

O/Nike Base Rendez-Vous Hike #3

WTC Introductory Hike: Westridge Rd to Nike Base; Caballero Cyn to Nike Base: Learn about the Wilderness Travel Course on this 7 mi rt, 1000 feet gain hike in the Santa Monica Mts. Bring headlamp or flashlight. The hike will include info on the best compasses for wilderness travel. Westsiders Meet 6:30 pm end of Westridge Rd (Sunset Blvd to Mandeville Canyon Rd, N 1/4 mi to Westridge Rd, L to end); observe street parking restrictions. Valley-ites meet at Cabellero Canyon trailhead on Reseda Blvd. at 6:30 pm (from 101 Ventura Fwy take Reseda Blvd 1.9 mi south across from Braemar County Club); free street parking. Ldrs: George Denny, Marc Hertz, Robert Myers, Jane Simpson.

Sept 27-28/Sat-Sun NEW I/Florence Pk(12,432')



WTC

Mineral King weekend backpack. Sat 5 mi, 2500' gain to camp at Franklin Lakes and 6 mi, 2200' gain to Florence. Community happy hour Sat nite. Sun pack up, option climb to Vandever Mtn.(11,947') on the way out, 11 mi, 2600' gain. Send e-mail (preferably) or two sase, H&W phones, conditioning/experience and rideshare info to

Sep 28/Sun



Ldr: Ron Rebensdorf. Co-Ldr: Kim Homan.

LTC, WTC, Hundred Peaks

I/Grinnell Ridge Navigation

Navigation Noodle in San Bernardino National Forest for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. To receive homework assignment, send navigation experience/training, rideshare info, H&W phones to Ldr: Harry Freimanis. Asst: Robert Myers.

Oct 4/Sat



LTC

O/I/M/E/Leadership Training Seminar

Location - TBD. Become a qualified Sierra Club Leader. Deadline for receipt of application and payment is Sep 20. No registration after this date or at door. Next seminar: Spring 2009. Leader/Registrar: Steve Botan.

Oct 4-5/Sat-Sun NEW



WTC

I/Tahquitz Pk (8846')

Last Chance Backpack. Almost the last chance to graduate WTC!! Sat backpack 3.5mi (1600' gain) from Humber Park in Idyllwild to Tahquitz Valley to set up camp. Afternoon hike to Tahquitz Peak (8846'). Sun hike to Red Tahquitz, and pack out. Must carry all water for weekend (sorry). WTC or equivalent required. Send sase/e-mail with WTC class, recent conditioning and experience, h/w phones, rideshare info to Ldr: Misha Askren. Asst: Georgette Rieck.

Oct 11/Sat NEW



LTC, WTC, Hundred Peaks

I/Mt. Lowe (5603') Beginning Navigation Clinic

4 mi 500' gain. Spend the day one-on-one with an instructor, learning/practicing map and compass. Beginners to rusty old timers welcome. Not a check-off. Many expert leaders will attend; many I-rated leaders started here in the past. Send sase, \$25 deposit (Sierra Club refunded at trailhead), phones to Ldr: Diane Dunbar. Co-Ldr: Richard Boardman.

Oct 11-12/Sat-Sun



WTC

I/Joshua Tree "Really Last Chance" Graduation Trip

Easy paced backpacking trip in scenic Joshua Tree National Park. We will take exploratory cross-country routes in the Queen Valley area, taking in a peak along the way. Learn about the Wilderness Travel Course or satisfy WTC requirements on this "really last chance" graduation trip. 9 mile rt, 1000' gain. Send email (preferred) or sase, with contact info & recent conditioning to Ldr: Robert Myers. Co-Ldrs: Chi Choi, David Meltzer.

Oct 19/Sun NEW



I/Indian Cove Navigation

LTC, WTC, Hundred Peaks

Navigation noodles at Joshua Tree NP to satisfy the Basic (I/M) level navigation requirements. To receive homework assignment, send navigation experience/training, any WTC, rideshare info, H&W phones, sase prefer by Email, to Ldr: Robert Myers. Asst: Phil Wheeler.

Oct 25/Sat NEW



WTC

O/Nike Base Rendez-Vous Hike #4

WTC Introductory Hike: Westridge Rd to Nike Base; Caballero Cyn to Nike Base: Learn about the Wilderness Travel Course on this 7 mi rt, 1000 feet gain hike in the Santa Monica Mts. The hike will include info on wilderness first aid. Westsiders Meet 8:00 am end of Westridge Rd (Sunset Blvd to Mandeville Canyon Rd, N 1/4 mi to Westridge Rd, L to end); observe street parking restrictions. Valley-ites meet at Cabellero Canyon trailhead on Reseda Blvd. at 8:00 am (from 101 Ventura Fwy take Reseda Blvd 1.9 mi south across from Braemar County Club); free street parking. Ldrs: George Denny, Marc Hertz, Robert Myers, Jane Simpson.

November and Beyond

Nov 7-9/Fri-Sun NEW C/Wilderness First Aid Course



LTC, Harwood Lodge, WTC

Wilderness First Aid Course: Runs from 8 am Fri to 5.30 pm Sun. Fee includes lodging, meals and practice first aid kit. Proof of CPR within previous 4 years required to enroll. Fee \$190 with SC#/\$200 non-member; (full refund through Oct 3). For application send email to Ldr: Steve Schuster.

Nov 8/Sat NEW



OMC

C/Angeles Chapter Outings Assembly

Please note that the 2008 Outings Assembly will be Saturday, November 8th. Please set this date aside.

Nov 15-16/Sat-Sun NEW



LTC, WTC, Hundred Peaks

I/Indian Cove Navigation

Navigation noodles at Joshua Tree NP to satisfy the Basic (I/M) level navigation requirements. Sat for practice, skills refresh, altimeter, campfire. Sun for checkout. To receive homework assignment, send navigation experience/training, any WTC, rideshare info, H&W phones, sase prefer by Email, to Ldr: Harry Freimanis. Asst: Robert Myers.

Dec 14/Sun NEW 🔱



LTC, WTC, Hundred Peaks

I/Warren Pt Navigation

Navigation Noodle in Joshua Tree National Park for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. To receive homework assignment, send navigation experience/training, rideshare info, H&W phones to Ldr: Harry Freimanis. Asst: Robert Myers.

What has a cool logo, wicks moisture like crazy, is anti-bacterial and can be worn on any of your hiking adventures?











The new WTC performance shirt!

The advantages of performance shirts like Coolmax® are well known to all of us. The new WTC performance shirts take moisture management to the next level by using Intera®. Intera® yarn is the only patented moisture wicking technology built right into the fabric instead of being applied as a coating afterwards. In addition, we use UV resistant dyes for the WTC logo.

But wait, there's more! These WTC shirts are custom made to your exact requirements. You get to pick the shirt style, size and logo type that matches your specific needs. There are even shirt styles specific for you ladies!

Visit http://angeles.sierraclub.org/wtc and click on the shirt link at the bottom of the page for details.

Wtc Leader Update

WTC Leader Notes

By Tom McDonnell, WTC Outings

Maintaining your Sierra Club leader rating takes a little attention now and then. The Angeles Chapter keeps a list of active Club leaders that is consulted by various reviewers during the trip approval process. Below is a list of things to keep in mind depending on your objective. Some of the leader requirements change with the role you serve. The OLT-101 item is an old requirement that we are trying to get caught up. Notes for WTC Group Leaders, Assistant Group Leaders, and Staff will be discussed in another notice

Outings Leader for WTC Outings (general and experience outings):

Sierra Club membership

Club Policy refresher training (OLT-101) within 4 years

First Aid training within 4 years

Recent experience leading a trip at the level of the planned trip

Outings Leader for WTC Outings (technical mountaineering):

Sierra Club membership

Club Policy refresher training (OLT-101) within 4 years

First Aid training within 4 years

Recent experience leading a trip at the level of the planned trip

One of the leaders on the trip must be current in WFA (within 4 yrs)

Resume on file with the Mountaineering Oversight Committee

Provisional Leaders:

You are special. But you knew that already

The leader requirements listed above apply to you as well as a few extra items listed by LTC (http://angeles.sierraclub.org/ltc/papers/LRB Chapter 1.pdf)

Check with the LTC Admin Chair to be sure all your records are in order

Help with WTC's permit application for JTNP and Inyo National Forest Snow Camp (we need everyone helping on this one):

Current first aid, as stated on certificate

Current CPR, as stated on certificate

Send both of these copying both sides of certificates to Dawn Burkhardt, CPR/FA certificate coordinator

Before the Trip:

Research and plan the trip, discuss it with other leaders, submit trip description to WTC Outings in time for publication (and Mountaineering Application if it is a technical trip)

If there is a change in the date, destination, or leaders contact WTC Outings for approval

If the trip is cancelled notify WTC Outings

Screen and select participants for safety and success of the outing

After the Trip:

Pizza, then

Send the Waiver/Signin Sheet to Outing Chairs of all the trip sponsoring entities Incident? Fill in the Incident Report Form which comes with instructions and a list of names that receive copies.

